

# NCTJ

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**BY GABRIELLE GOPINATH**

4 Town and gown throwdown 11 Neither sleet nor rural roads 19 Grief amid COVID





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## Leaving Home

The next home we leave  
Will belong to both of you.

Curtains will be drawn  
To let in the sunlight

We will dearly miss.

Doors will be unlocked  
To make all feel welcome,

As is our custom.

Memories will be scattered  
Everywhere too familiar

For you to bear.

Still, something will exist where  
There would otherwise be nothing,

Making everything possible.

Welcome Home

— By Kirk Gothier

**On the Cover** Mir de Silva paints "Of a Feather."  
Read more on page 14. Photo by Mark McKenna

# NCJ

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## GOHumCo seeks community participation in two working groups for local economic development and pandemic recovery

The Humboldt County Administrative Office's Economic Development Team (GOHumCo) is seeking volunteers to serve on two newly created working groups that will be vital to local economic development and pandemic recovery. If you are interested or know someone who would be a good fit for these working groups, more information and links to apply are below.

"In our search for applicants for these two working groups we are seeking a diversity of individuals, thoughts, voices and ideas," said Economic Development Director Scott Adair. "We also encourage individuals who have not been previously engaged in these initiatives, especially those in the private sector, to apply for these to working groups and become engaged in discussions that will help shape economic policy in our county."

The working groups are as outlined below:

### Comprehensive Economic Development Strategy (CEDS) Ad-Hoc Working Group

A Comprehensive Economic Development Strategy, or CEDS, is a plan that helps guide local economic development efforts and is required to be eligible for certain federal grants. Goals in writing a CEDS include deciding on and prioritizing economic development initiatives and helping to plan for a vibrant and resilient economy. While Humboldt County produces a new CEDS every 5 years, the county released its most recent CEDS in 2018 and COVID-19 is expected to alter the current economic strategy. As such, modifications and revisions need to be made to the most recent CEDS, which will be based on input from the CEDS Ad-Hoc Working Group.

The CEDS Ad-Hoc Working Group will consist of one representative from each of the following industry sectors:

- Diversified Health Care
- Specialty Food, Flowers and Beverages
- Building and Systems Construction
- Management Innovation Services
- Niche Manufacturing
- Investment Support Services
- Forest Products
- Tourism
- Alternative Agriculture
- Arts & Culture

### Apply to join the CEDS Working Group

If you are interested in joining the CEDS Working Group please download the application on our website and submit via email to gohumco@co.humboldt.ca.us .

### Prosperity Network Working Group

Led and financially supported by the county, the Prosperity Network is comprised of regional economic development practitioners. This group meets monthly for networking and receives presentations from experts in the fields of marketing, economic development, workforce development, planning, and community development. The purpose of the network is to foster community and economic development to improve the quality of life for Humboldt County, its residents and its communities. The network acts as a platform for collaboration for those who are interested in economic development. The Prosperity Network Working Group will meet quarterly and will be tasked with steering the Prosperity Network through pandemic recovery resources and developing the framework and scheduling for the network members.

### Apply to join the Prosperity Network Working Group

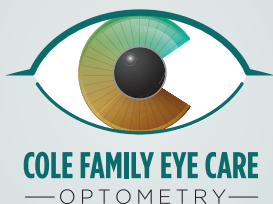
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## NCJ EDITORIAL

# Campus, Community and COVID

By Thadeus Greenson

thad@northcoastjournal.com

It was with no small amount of alarm that we watched a seemingly large rift emerge between those tasked with keeping us all safe during a pandemic — Humboldt County Public Health — and what's arguably the region's most important institution — Humboldt State University.

Those wanting the specifics can read more on page 6 but the scene played out basically as follows: Four days after the governor's office released its guidelines for institutes of higher education and four days before nearly 800 students were slated to begin arriving at HSU's on-campus housing, Health Officer Teresa Frankovich warned HSU President Tom Jackson that returning students to campus wasn't safe given local COVID-19 infection rates and limited testing capacity. Jackson responded that Frankovich's concerns were "noted" before asking her to hold his proverbial beer while he reopened campus, warning that any attempts to use her authority to "obstruct" his plans could result in the loss of hundreds of local jobs and cost the economy millions in spending.

Plainly, it was not a great look for the leader of an institute of higher education, especially from a relatively new administrator who showed up a little over a year ago talking about "healing" and "transparency."

Let's make a few things clear from the outset: HSU is a vital part of Humboldt County, the cultural and economic impacts of both deeply intertwined. We view HSU's students similarly to be vital members of this community, with just as much standing as the rest of us and the real potential to become decades-long residents who start businesses, raise and/or teach children here, care for our sick, get elected to public office and generally continue to push us forward. We've written about all this before, as we likely will again.

But HSU's vital importance to the region does not set it apart. As we've seen in recent years, what happens off campus can have jolting impacts on HSU's grounds, just as actions taken on campus can reverberate throughout the local community. And COVID-19 similarly doesn't recognize arbitrary boundaries and borders. There is simply no question we are truly on this path together, no matter how invincible or vulnerable we may feel, or what economic pressures we may be under.

For months now, Frankovich has pointed to travel as one of the primary drivers of local infections. The most recent example of this is in the eastern portion of the county, where one family's trip out of county has reportedly

resulted in dozens of infections. So it's not unreasonable to be concerned that a local institution plans to bring nearly 800 people from all reaches of the state — some with infection rates 10 times that of Humboldt's — into congregate living settings. And while we appreciate HSU's requiring all those moving into on-campus housing to sign a "social responsibility commitment" indicating they will abide by the rules of quarantine, we also realize these aren't terribly different from the pledges every batch of incoming students sign promising they won't smoke weed or drink alcohol in campus housing.

This is all to say we sincerely hope Jackson is right. We hope every last one of those nearly 800 students takes their quarantine seriously and that the university has the health and safety protocols in place regarding meal deliveries and shared bathrooms to ensure that any student who comes onto campus with the virus is isolated before they infect anyone else. We hope that despite all the many challenges that lie ahead, this is a banner year on the road to a more fiscally stable HSU.

But we also know that COVID-19 is an insidious foe — one we've seen move quietly in clusters before overwhelming public health apparatuses and healthcare systems in other areas. And we know we are a county of limited means in a world of need. We recognize putting most of our 120 tests a day toward surveillance of HSU's students means skilled nursing staff, healthcare workers or teachers re-entering classrooms aren't getting tested. We recognize that a large cluster anywhere could quickly overwhelm our limited capacity for contact investigations and, ultimately, our limited number of intensive care beds.

This is all to say if our health officer warned an action we were contemplating risked increasing "transmission risk enormously" or posed "a potential tipping point for overwhelming the system," we'd be inclined to listen.

Jackson, however, chose a different route. In a few weeks, we should have a pretty good idea how that's working out for him, as well as the rest of us. Whatever the outcome, it will be his to own. ●

Thadeus Greenson (he/him) is the Journal's news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.



# CELEBRATING LOCAL HISTORY



Photo courtesy of the Humboldt State Library - Palmquist Collection

## Eureka's First Chief of Police, H.B. Hitchings and Party - 4th & J St. Eureka, 1902

From the founding of Fort Humboldt in 1853, until Eureka appointed an official Town Marshall, all of the law enforcement duties in Eureka and the surrounding area came from the U.S. Army. In 1858, John Atcheson was appointed as Town Marshall to enforce laws against rowdy bar patrons causing trouble, levy fines against the mills for dumping sawdust in the roads and to go after livestock owners for letting their pigs and hogs wander the streets. Later, the city established a Night Policeman to handle suspicious persons, arrest vagrants and to light and extinguish street lamps. In 1876, as Eureka grew they established a city prison and in July of 1895, H.B. Hitchings was named the first full-time Chief of Police along with four other officers most of whom were ex-loggers chosen for their size and ability to fight rather than their experience.

# PIERSON

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# 'A Potential Tipping Point'

HSU returns students to campus despite health officer's warnings

**By Thadeus Greenson**

thad@northcoastjournal.com

**A**s the *Journal* went to press Aug. 18, Humboldt State University was in the process of welcoming nearly 800 students back to on-campus housing in preparation for the Aug. 24 start of online instruction and the Sept. 8 partial re-opening of in-person classes.

But on the eve of the first wave of students arriving at campus residence halls Aug. 17, Humboldt County Public Health responded to a California Public Records Act request from the *Journal* and other media, disclosing an email exchange between Health Officer Teresa Frankovich and HSU President Tom Jackson Jr. In the exchange, Frankovich raised a host of concerns with HSU's plans for a limited reopening of campus given a recent surge in local cases and limited testing capacity, urging the university to postpone its plans to October. In response, Jackson questioned Frankovich's motives, said her "perspective is noted" and indicated HSU would be proceeding as planned unless Frankovich stepped and used her authority to "obstruct" the university.

During a media availability the afternoon of Aug. 15, shortly before the emails were released, Frankovich struck a diplomatic tone answering questions about HSU's plans.

"Obviously, HSU is a really integral part of our community and we really benefit from having the university here and its student population," she said. "That being said, of course, we have been concerned locally about our epidemiology in terms of our increasing case rates and some of the clusters of cases we have seen. We also have concerns about our testing capacity ... We do have concerns. I've discussed those concerns with Humboldt State University. They are planning to move forward and so we plan to basically support them in whatever way we can ... We'll be partners through this COVID season as we are with many entities in our community."

And move forward HSU did, with approximately 225 students arriving on campus Aug. 16, with 170 more expected Aug. 18 and an additional 387 expected to arrive between then and Aug. 23, adding up to about a third of the number of students the university usually houses on campus. By the time the *Journal* went to press Aug. 18, at least one of the students had tested positive for COVID-19 and moved into isolation.

Per HSU's plan, the students will be housed in single-occupancy rooms and asked

to quarantine for 14 days, with the university arranging to provide them with a variety of services, from meal deliveries to "virtual programs to interact socially," HSU Emergency Management Coordinator Cris Koczera told the *Journal*.

The students — coming to campus from communities throughout the state — will not be closely monitored while in quarantine with "someone watching their doors," Koczera said, but will have all pledged to adhere to a "social responsibility commitment" they agreed to when deciding to come to campus for the semester. Closer enforcement of the quarantine plan, she said, falls into a "really gray area of what you can and can't do." Outside guests — including parents and friends — will be strictly prohibited, she said.

But the students will all be housed individually, Koczera said, though some will be in residence halls with shared bathrooms. She said the campus has set aside 162 rooms to isolate students who test positive for COVID-19 or have been exposed.

The university did, however, modify its plans on the fly to include mandatory testing of all incoming students. Under the plan, student health center staff were to take nasal swabs of students as they moved into on-campus housing, with the samples then sent to the Humboldt County Public Health Laboratory for testing. Frankovich told the Humboldt County Board of Supervisors on Aug. 18 she hopes to be able to test each of the nearly 800 students living on campus three separate times during their 14-day quarantine, though it may only be possible to do so twice due to Public Health's limited testing capacity. (A state laboratory in the Bay Area has also offered assistance processing samples, Frankovich said, though that would require local Public Health staff to package, ship and handle all data entry for the tests, which she said isn't feasible.)

But the added load of processing even two tests each from nearly 800 students over the course of two weeks is already daunting for the local lab, which can currently only process about 120 tests a day. Corporate laboratories — like the ones the Optum-Serve testing facility at Redwood Acres sends samples to — meanwhile, have large backlogs that translate to delays of a week or more in returning results compared to the 24 to 72 hours at the Public Health Laboratory, making them somewhat useless for this type of



surveillance testing.

The push to get students back on campus for the fall semester comes as HSU continues to wrestle with a large projected budget deficit. Already facing a shortfall of more than \$5 million due to a years-long trend of declining enrollment, HSU announced in April that number was projected to balloon to \$20 million over the next two years due to further enrollment declines expected because of the COVID-19 pandemic.

While it's unclear exactly why, it appears there was a sizeable communication gap between the university and Public Health in the days leading up to students arriving on campus. Back in early July, HSU publicly announced it was planning to bring up to 1,000 students back to on-campus housing this fall with plans to resume a limited number of in-person classes. Since then, COVID-19 has surged throughout California, which now has 42 counties on the state's watch list, prohibiting them from holding in-person classes. Many universities have revised plans to only house students at risk of homelessness on campus.

But the governor's office didn't release its guidelines for institutes of higher education until Aug. 7. Four days later, Frankovich emailed Jackson asking to speak to him that day, Aug. 11, saying she thought it made more sense than her speaking to other HSU staff. About six hours later, she emailed again, noting she had not heard back.

The email exchange came at a time when HSU was clearly gearing up to resume on-campus operations but also as Humboldt County was in the midst of its largest case surge to date, having confirmed 60 new COVID-19 cases and three new hospitalizations in just nine days.

In the email, Frankovich made plain that local COVID-19 conditions were deteriorating to a point where she felt it unsafe for the university to begin on-campus instruction or bring students into campus housing. She pointed to California Department of Public Health guidelines for institutes of higher learning, stating that in-person instruction should be contingent on local epidemiological trends — namely that caseloads and hospitalizations have been decreasing over the past 14 days, quoting directly from the section. "At this time," she wrote, "we are not able to meet these pre-conditions."

"We have now had 72 cases in the past two weeks, 48 in the past week," she wrote. "Our 14-day case rate per 100,000 went from about 28 one month ago to 50 as of (Aug. 10). We are detecting more community transmission cases and 42 percent of our cases are [in people] under 30 years [old]."

She went on to note frustrations about current testing capacity but wrote that she hoped the situation would improve in October, when a collaborative effort is slated

to increase local testing capacity sevenfold. But until Public Health can test more samples locally, she wrote, capacity "would clearly fall short in meeting demand for a large surge occurring in context of a return of students to dorms and on-site learning at HSU."

"Robust testing with fast turnaround is essential to manage cases on campus that will inevitably occur and are very likely to occur quickly as we bring students from across the state to the area, many of whom are coming from places where disease circulation is vastly higher than ours," Frankovich said of HSU. "There will be positive students walking onto campus without question and congregate housing will increase transmission risk enormously."

The last factor Frankovich notes as cause for concern is Public Health's capacity to conduct the contact tracing investigations that health officials believe are essential to limiting the spread of the virus by quickly identifying and isolating those who have been exposed. The recent surge in cases locally has stretched capacity, she wrote, adding that the department is "positioned such that a large number of cases occurring in a short time frame, such as a return to campus, would be a potential tipping point for overwhelming the system, risking wider spread of the virus."

Frankovich closed the email by saying she is "sorry that local conditions make moving forward as planned this impractical at present" and noting that she understands the "enormous impact" pushing students' return to campus housing and in-person instruction into October would have.

Jackson responded the following day, saying he found it "unfortunate" Frankovich's "perspective has shifted," and that he regretted her putting her concerns in writing.

"Your perspective is noted," he wrote. "I am also providing a link to the governor's guidelines in case you are not familiar with them. As we proceed as we have consistently and carefully planned, we will continue to update you on additional measures we will be taking given Public Health's limitations."

Frankovich replied the following morning, thanking Jackson for his response and noting that she'd tried to arrange a phone conversation prior to sending her email before getting to the substance of the issue.

"The governor's guidance was actually quoted in my email, so yes, am definitely aware," she wrote. "The issues are not Public Health's issues, they are our community's issues and being faced by communities across the state. That is why we have been transparent in discussions all along that the COVID landscape could change and necessitate a shift to virtual learning only. It is the same discussion we have had with K-12 schools for months as well. I would be happy to talk about options and sincerely feel that a delayed start date could serve everyone well.

I look forward to speaking with you."

Jackson responded the following day, expressing shock. His response seems to ignore Frankovich's explanation that her urging HSU to postpone bringing students back to campus was in direct response to changing conditions in Humboldt County, characterizing it as a "sudden shift in position despite the fact that your team has been working with HSU on our plans for fall semester since June."

"I am disappointed and our confidence has been shaken in your department's ability to meet this challenge as our partner," he wrote. "We are moving forward with our plan to welcome a very limited number of students into our residence halls according to the governor's and CSU guidelines and current public health protocols. If you have any further plans to use your authority to obstruct this plan (in spite of supporting it earlier), we must be informed immediately."

Jackson went on to explain that pushing back HSU's plans would create hardships for students, before expressing dismay at Frankovich's take that there was added risk for the community in HSU's plans.

"It also seems perplexing that you are suggesting we should deny housing to students, who are also county residents, who will reside in Humboldt permanently when 150 hotels, 87 groceries, 34 gyms and studios, 145 barbers and hair salons, and 125 restaurants in the county are currently open and accepting guests from all over the country," he wrote. (For the record, restaurants are still prohibited from providing indoor dine-in service.) "Thousands of tourists have been welcomed into our county given that travel restriction has remained lifted all summer."

He went on to call Frankovich's statements about added risk brought by students from out of the area "prejudicial," saying it is "irresponsible to assume" they are a "threat." Frankovich's focus on HSU students "is inequitable and perplexing," he wrote. Jackson stated that HSU has "one of the best operational plans" in the state, warning that if he had to close housing based on Frankovich's assumptions he would need to "consider the impact of triple digit layoffs, hundreds of students possibly stopping their education ... and potentially millions of dollars lost to the region."

"HSU also houses some people that may have housing insecurities, low income or are coming from abusive environments," he wrote. "I doubt you are suggesting we put these people on the street."

While Jackson repeatedly asserts HSU's plans conform with the California Department of Public Health's guidelines, whether that's the case seems in dispute, as they clearly state: "All decisions about following this guidance should be made in collaboration with local public health officials and other authorities" and that their implementation "will depend on local conditions." ●



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# I Don't Trust Humboldt Area Foundation on Race, Safety and Belonging

By Chag Lowry

views@northcoastjournal.com

**S**ocial justice and racial equity in Humboldt and Del Norte counties will not be defined or achieved by the four white women who signed the Humboldt Area Foundation statement titled "A Statement on Race, Safety and Belonging" that recently appeared on the organization's website. As an institution, the HAF does not practice what it preaches in regard to equity, diversity or inclusion in terms of community representation at the board level, or in the hiring and promotion practices at the senior staff level. I cannot in good conscience stay silent and allow this institution to continue to co-opt the stories and suffering of people of color so it can present itself as a racially enlightened organization. The HAF has an embedded classist, racist and elitist structure and culture that must be publicly scrutinized, challenged and changed.

I've interacted with the HAF for almost a quarter century, for 10 years as an employee — the foundation's first Indigenous male. When I left HAF's toxic work environment in 2014, I wrote a letter to the board of directors detailing my reasons. I wrote another to the HAF board of directors in 2018 regarding several of the points included in the recent post on its website. Neither board responded with any meaningful actions I know of. If they did, they can be transparent and let the community know what steps they took.

The foundation was established in 1972 and its board of directors has historically been overwhelmingly white and over the age of 50. I only personally saw two people under the age of 40 serve on the board at separate times. Parents with kids in a local school district form the backbone of any healthy region. Their

perspectives should be a priority in any community initiative or effort the foundation creates. But the foundation's board meetings are held during working hours on a weekday. What working person can afford to take time off to be an effective board member? This rules out participants who aren't rich, retired or self-employed, and it's an example of HAF's classism.

The foundation sits among the largest Native tribes in California. In 48 years, there have been just three Native people on the board — two Karuk tribal members and one Yurok/Karuk member — and none currently. No one from the Wiyot, Hupa, Bear River, Tolowa or Tsenungwe tribes. In 48 years, the foundation has never had an African American board member. It's had one Asian American board member and four Latinx board members. These numbers do not reflect racially equitable representation, they reflect white supremacy in action.

Native people are not just a separate ethnic group; we are members of sovereign Native nations. We have democratically elected representatives who work directly with the U.S. Congress as equals. The Humboldt Area Foundation has a group of majority white, unelected people who make decisions on our behalf. This racist entitlement needs to be stopped. No one currently on that HAF board has the right to represent local Native people in any way. We have not given that power away. It continues to be taken away through the secretive HAF board selection process. We don't know how the HAF selects board members, or what qualifications are desired or used to pick people. This process should be on page one of its website.

The HAF foundation does not value

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local Native history, knowledge, or cultural or community development in a fair and equitable internal manner. The HAF board has twice hired white executive directors from the East Coast. Neither needed any experience working with — or knowledge of — California Native Tribes or people. Instead, local Native people are expected to educate and train the HAF chief executive director how to work with us, and we provide this expertise for free. The HAF chief executive director should be required to earn a four-year degree in Native American Studies at Humboldt State University. All future applicants for this position should have such a degree or equivalent experience as well. Again, the largest tribes in the state surround the foundation. You want equity and racial justice? Include it in your actual hiring practices for the top job at the foundation.

The Native people I know who are involved with cultural and community development work a lifetime to achieve those roles. But at HAF, you can be a white person with no such experience on the senior staff or on the board and assert authority and power, making decisions that impact Native people for years. Native people have no equity at HAF. But the foundation will continue to take our money as donors, to write about our issues and our histories as if we've discussed and given them permission to do so. The HAF has never had a local Native person on its senior staff.

When the community effort to create the Native Cultures Fund began more than two decades ago, Native nations on the North Coast were at a drastically different capacity than today. Today, we have Native nations with resources and a huge cohort of local Native leaders we didn't have back then. As local Native people, we still face great social and economic challenges, but we have more knowledge and training to combat and solve them.

The Native Cultures Fund was never meant to be just a grant-making program overseen by a white-dominated foundation staff and board. It was not meant to be led or directed by anyone other than a California Native person. But that's where it is today. When I left the job, there were at least five local Native women from the Wiyot, Yurok and Karuk cultures who applied for it, each with a college degree, some with Master's degrees relevant to that job. None of them got the job. Most of them were denied even an interview. I know this because they each told me what happened. These are the ones I know of.

The HAF recently had the audacity to invite a Maidu artist to display her art featuring images of California Native

women on the walls of the HAF buildings. This is symbolic of what the white people in power at the foundation are comfortable with. They are fine with paintings of local Native women hanging on their walls. They are also fine with the racist denial of qualified local Native women for a job with real power and potential equity. They are fine with keeping that job in their middle management, despite the fact that the fund covers the entire state and its mission includes work tasks that correlate to a larger role in national and international philanthropy.

As California Indigenous people, we have earned the right to own and direct that Native Cultures Fund separately from the Humboldt Area Foundation. I know there is an effort by some local Native people to discuss this and formulate a strategy. I will not allow the white people at the HAF to obstruct this effort without a social media response. I will be posting a video soon where I give more of the background and history of the Native Cultures Fund to those who want to learn more. The white people at that foundation need to realize that I'm not going to stop holding them accountable for their racist, pretend attempts to be "allies" when the reality is they just want control without being questioned.

I wrote this letter from the perspective of a father of young Native children. I'm speaking on their behalf because they deserve the opportunities that the Native Culture Fund should represent but currently does not. Only California Native people have the right to speak about this fund, period. Anyone else who does is obstructing our cultural progress and impeding our sovereign rights as we work to achieve actual social justice in this country. We will represent ourselves. It's what those community leaders who met 25 years ago to create the Native Cultures Fund wanted.

●

*Editor's note: In the interest of full disclosure, it should be noted that the Journal has an ongoing relationship with the Humboldt Area Foundation through the Community Voices Coalition project, in which the Journal receives foundation funding to produce coverage of under-represented communities locally that is made available to all regional media. The Journal newsroom retains full editorial control over all project stories.*

*Chag Lowry (he/him) is Yurok, Maidu and Achumawi, and holds a masters degree in education.*

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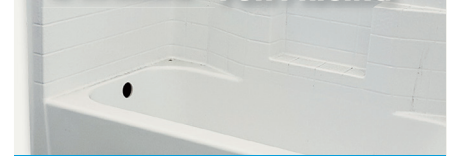


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# A Rural Lifeline

Protecting the USPS is about a lot more than ballots in Humboldt's far reaches

By Nick Vogel

views@northcoastjournal.com

**A** 74-year-old woman in Honeydew. The 84-year-old man in Redway. A 79-year-old widow in Ettersburg. These are the people whose lives will be upended if we accept any reductions in service to United States Postal Service. This is not only about the beating heart of democracy and a secure election. This is about life and death for rural seniors.

The 74-year-old woman in Honeydew has no vehicle. She lives, as a SoHum resident might say, "way out there." Her car needs a new starter and even if she could afford a replacement part, how exactly would she tow the thing into town? It's a 68-minute drive to make it 1,600 feet down the mountain into Redway.

Instead, life's essentials must make their way to her. Non-perishable foods, toiletries, cleaning supplies, hardware and tools for home repair, even drinking water if her natural spring runs dry, as it tends to in August. All of these items are lugged up the mountain and delivered to her by the Postal Service. She sometimes has fresh meat, fruits and vegetables delivered by the senior center, and her neighbor often picks up perishable foods for her in Redway. Without this hodgepodge of deliveries that help keep her fed and bathed, it's grim to imagine what her life would be like.

There's a dirt road, less than a half-mile long, that separates her front door from the mountain road where her mailbox has sat for the 38 years she's lived way out there. She dropped her first ballot into that mailbox, casting her vote for Tom Bradley for governor. The walk to the mailbox must be undertaken with care and a dash of superstition. If it's raining, the road turns to squishy mud and she has slipped before. But ever since she bought a new pair of rainboots last year with a nice flowery design on them (delivered by the USPS), she hasn't slipped once. She now wears them every day to get her mail, squishy mud or not.

In Ettersburg, I met a 79-year-old who takes five different medications to regulate her blood pressure, heart and thyroid. She has a helpful prescription drug plan that auto-renews her medication on a precise day, every three months, to ensure she doesn't run out. Should there be any delay

at postal sorting centers due to a reduction in equipment or personnel hours, or a decline in capacity of the Garberville post office that delivers her mail, it would wreck her fragile medication regimen. But she has no room for error. She cannot afford even a one-day delay of her mail, let alone a week. The consequences of her missing a dose are too much to bear. I've often wondered if her USPS letter carrier knows she is keeping this dear woman alive.

She described her life on an isolated mountain. She does not have internet access and cannot order groceries online. There is no pizza delivery, no DoorDash. She uses a flip-phone to send text messages to neighbors who might be going into town to ask if they could bring back groceries or just a bag of Signature coffee.

Without Facebook and email, she still writes letters. Yes, short, handwritten letters – the equivalent of a friendly hello to someone in the grocery store. She updates her kids who live in the Bay Area on the progress of her mountaintop garden ("my tomatoes are almost ready and they're fatter this year!"), she describes her view of King Peak and the rainstorms that glide over the mountaintop, and she corresponds with old friends who live on the East Coast. She pays all her bills by mail and she sends donations to SoHum non-profits in support of essential programs. She gets a newspaper delivered to her by mail once a week. After our last conversation, she asked if I could bring her some canning supplies the next time I head up the mountain. She is excited about those tomatoes. And of course I'll bring the supplies because I know I'll be paid with homemade marinara.

The 84-year-old Redway resident is passionate about voting. He is a quiet man, a patriot, served his country and voted by mail when stationed in Korea. He lives a stone's throw from his polling place in Redway, where he has cast his ballot for decades. But the last few years, his lung ailment has progressively worsened, sapping his energy and affecting his motor skills and confidence. With a walker, he can manage to cover a few dozen feet per day, shuffling around his house. A proud man, he prefers not to be seen in a frail state.

*Continued on next page »*




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Continued from previous page

What he misses most about his younger days is running simple errands, particularly checking his mail at the Post Office. Ask a Redway resident what the Postal Service means to them. Most will say they don't have postal delivery service at their homes and are obliged to rent a P.O. box to get mail. Since he lives close to the Redway Post Office, walking over to retrieve his mail was an errand he treasured. He caught up with friends and read the bulletin board. Now he relies on his neighbor to retrieve his mail once a week on Mondays for him.

I thought of Southern Humboldt's isolated seniors this week as I read stories about the United States Postal Service's capacity being diminished in advance of the election. Several people on social media remarked that because of political interference, the Postal Service should not be trusted to handle the increase of mail-in ballots and the best way to ensure our votes are counted is to physically drop off our ballots at a local polling place or the Humboldt County Elections Office. This is understandable, given the doubts the White House has sown in the USPS.

Many Southern Humboldt seniors would love the opportunity to cast their ballots in person. But the Redway gentleman's physical state prevents him from doing so. In order to have a say in the direction of the country he served, he feels his most secure option is to get his ballot to the USPS and let them take care of it. Voting via the Postal Service served him well in the military and he thinks it's time to call on them again. For the senior ladies isolated in Honeydew and Ettersburg, their sole chance at exercising their democratic muscle is to hand their ballots to the United States Postal Service and trust their vote will be delivered and counted.

And this should be enough. In fact, this should be plenty. Any senior living anywhere in Humboldt County, even if she lives two blocks from Garberville Town Square or up on a green mountain watching the storms slither over the King Peak ridge, should be able to hand her ballot to any letter carrier, knowing this venerable institution will transport it safely to the vote counters. The Postal Service has protected our democratic process for decades. But when D.C. bureaucrats dare to reduce the capacity of the Postal Service, they are saying to rural seniors that they don't give a damn about them. When we defend the USPS, we defend our elders. ●

Nick Vogel (he/him) is the executive director of Southern Humboldt's Healy Senior Center.



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# HACHR, City at Odds

The Humboldt Area Center for Harm Reduction says the organization is taking seriously allegations levied by Eureka officials in a memorandum to the state outlining “ongoing concerns” about its operations and opposing the reauthorization of the center’s syringe exchange program.

The California Department of Public Health authorized HACHR to run the harm reduction program for a two-year period in October of 2018 and sought the city’s input as it reviews whether to do so again.

An Aug. 7 city memorandum sent to CDPH details a series of allegations about workings at the nonprofit’s Third Street office based on undercover law enforcement operations in recent months, including that HACHR is “complicit in the sale and on-site use of drugs” and has supplied “methamphetamine kits” at the facility.

“Years of effort by the city and the community to work with HACHR have been ineffective,” an Aug. 12 new release states. “It is the city’s stance that HACHR has not, in good faith, responded to the community’s legitimate concerns about HACHR’s operations, and that HACHR’s (syringe exchange program) is not operating in compliance with state and local law.”

An Aug. 18 release sent out by HACHR Executive Director Lasara Firefox Allen notes the center “has never condoned

drug consumption or dealing on or near our property,” and strives to be a good neighbor, but has been running on a “skeleton crew” amid the COVID-19 pandemic.

“Over the years, we have had to limit or eliminate services to a handful of participants who have not complied with these rules, and we will continue to do so,” the release states, listing a series of steps the center plans to take, including hiring additional staff. “The accusations that HACHR staff has acted otherwise disturbs us, and while we find the evidence presented to not support the allegation, we are committed to putting additional measures in place to keep HACHR free from drug selling or use.”

HACHR has long had a tumultuous relationship with the community, with many frustrated Eureka residents and business owners pointing to its needle exchange program as a major contributor to the proliferation of used syringes and other drug paraphernalia littering city parks, streets and playgrounds. But the nonprofit and supporters have maintained it lives up to its name and reduces harm.

Eureka, like many other communities across the nation, has serious opioid issues, among other addiction problems, and advocates point to the potential life-saving interventions harm reduction programs can offer, including decreased disease transmission by providing clean

## “Humboldt High Fortress”



“Humboldt High Fortress” by Team Maximum Wattage won Best of Show in the 25th annual Friends of the Dunes’ Sand Sculpture Festival. POSTED 08.14.20. Friends of the Dunes

needles and referrals for treatment services.

Eureka Councilmember Kim Bergel, who has worked for years to smooth tensions around harm reduction services, said many council members, herself included, paid a high price for their efforts to reach out to

HACHR but she still believes those type of programs are important to public safety.

“I feel like we really tried to work with HACHR on so many levels,” Bergel said.

— Kimberly Wear  
POSTED 08.18.20  
Read the full story online.

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**SoHum Death:** The Humboldt County’s Sheriff’s Office is investigating the death of Wade Daniel Harris, 38, who was found at a Garberville property with multiple gunshot wounds Aug.14. POSTED 08.17.20

**Coastie Rescue:** A Coast Guard Sector Humboldt Bay crew rescued a firefighter suffering heat stroke symptoms while working in rough terrain on the Box Fire in the Mendocino National Forest. POSTED 08.18.20

**Fieldbrook Stash:** An alleged “stash location” in Fieldbrook yielded nearly 4 pounds of methamphetamine Aug. 17 but the “primary suspect” of the multi-agency operation was not located. POSTED 08.17.20

### Digitally Speaking

200

The number of calls the county’s COVID-19 compliance tip line receives on average each month. POSTED 08.16.20

### They Said It

“We can’t ensure that all high dunes and bluffs will be safe in all tsunamis on the southern Samoa Peninsula.”

— Rick Wilson, head of California Geological Survey’s tsunami program, which just updated Humboldt County’s tsunami hazard and evacuation zone maps, referring to some tall dune locations that had been designated as safe areas. POSTED 08.13.20

### Comment of the Week

“I wish you all the best. be well, be happy.”

— Chimera Black commenting on the Journal’s Facebook page about news that the Banana Hut restaurant was closing its doors. POSTED 08.14.20



This year's festival included poetry painted on the sidewalks, such as this piece written and painted by Harvey Mitchell.

# Public Art as Community Care

The 2020 Eureka Street Art Festival

By Gabrielle Gopinath  
newsroom@northcoastjournal.com

Photos by Mark McKenna

**T**he Eureka Street Art Festival galvanized the Henderson Center neighborhood with new visions and unfamiliar words. Quarantine kept the focus of this year's renewal local, which presented an opportunity for organizers to assemble an eclectic group of local visual artists and poets. The 12 new murals and eight poetry installations they produced over the course of a week-long session succeed by reflecting the region's cultural diversity.

This year's event, like the two previous, was organized by the Eureka Street Art Festival, a DreamMaker Project of the Ink People Center for the Arts. (Full disclosure: I am employed by the Ink People Center for the Arts but my work is not connected to the festival.) It marked the completion of the first artwork produced under the auspices of the Native Mural Project, a public arts initiative created in partnership with the Native Cultures Fund, the Humboldt Area Foundation and a coalition of local Native American leaders. Humboldt-based Native artists Alme Allen, Carl Avery, Melitta Jackson and Julian Lang joined forces for this project, each taking on a separate but contiguous segment of one wall of the American Cancer Society's Discovery Shop.

Side by side, the four massive segments exert graphic impact. Even when





glimpsed from bumper-to-bumper F Street traffic, the murals' scale, vivid colors and novel content makes them arresting. Up close, they become more so. Traditional basketweaving motifs run like a thread through three of the four. On the corner, Jackson's "Run" transports viewers to a blue and green world where rushing waters cut in between craggy green mountains. The young woman at its center is running in a traditional maple bark skirt and a basket cap. She is pictured in mid-stride with the sole of one bare foot turned upward, braids whipping behind her as she laps the river bend. She runs ahead of us so we have to imagine her face. Jackson's character is taking part in the Flower Dance — a recently revived coming-of-age ceremony practiced for millennia by and for young Indigenous women in this part of the world. (Read more in "The Flower Dancers," Aug. 2, 2018.)

Jackson's freehand rendering contrasts with the techniques used in the adjacent murals. In Avery's breathtaking "Ten Days," a jagged line like a lightning strike splits the electric blue space and a pileated woodpecker spreads its wings within a coil of beaded, patterned regalia. Avery, the only artist in this year's festival painting with aerosol, sprays color straight out of the can and masks with a straightedge to get clean lines. By way of contrast, Allen drew a grid on the wall as a reference to scale up his design. In Allen's "Araree-thivthaaneen," the photographic image of a baby in a feathered cap appears rendered in monochrome, like a Warhol portrait, against a regal backdrop patterned with a traditional Karuk basket-weaving motif. Lang's "Fixing the World the Old-Fashioned Way" completes this quartet with a visionary narrative depicting the Karuk people's spiritual mission of *pikyávis*: fixing the world and using ritual to repair its balance. Redwood groves appear in the sky; paired woodpeckers appear again overhead. A vision of the riverbank center of the world opens up beyond a traditional Karuk house's round front door.

Another first in this year's festival: The organizers' decision to include sidewalk poetry installations that bring words from local poets into the public eye. While it made for tricky photo ops, the underfoot installation format proved surprisingly effective in real life. The intimate, unassuming presentation fits well with these poems. After all, there is something enjoyable about finding words underfoot in a place where experience teaches you to expect only concrete.

Example A: "The Salt," a poem by Izzy Unsinger, which sprang up near the corner of F and Grotto. Unsinger's words are inscribed in a gray-blue oval painted by festival organizer Jenna Catsos — it looks like a well opening up in the sidewalk or like the sky reflected in a puddle. A short meditation on complexity by Jacqueline Suskin titled "How Are We to Know the Limit?" finds a home on a tasseled pastel trompe l'oeil rug, also painted by Catsos, on the sidewalk outside Revolution Bicycles. A free verse sequence by Harvey Mitchell, neatly inscribed alongside Grotto Street in sidewalk chalk, tells a sad story about distance that accrues between the speaker and a "White Boyfriend" who "prefers East Coast Indian." On reading the poet's line, "That's what I mean when I say Eureka is the end of the world," I wondered whether there might be some backlash karmic tendency that goes along with living in a California city dubbed "I found it" in Latin by colonists — some lingering miasma in the water that amplifies the likelihood of missed connections and crossed interpersonal wires.

Mitchell's piece delves into a register of angst most artworks here eschew. Indeed, the uplifting vibes exuded by most of these artworks stand in relief against the tenor of the times. We certainly don't inhabit the Mexico City that iconic muralists Diego Rivera, Jose Clemente Orozco and David Siquieros painted in the 1930s; mural painting may be less effective as a vehicle of overt protest in an era where polarization about the pandemic itself has become toxic and debate has moved online. But several artists I spoke to framed the decision to keep things light as a sort of stealth political move. A mural or a sidewalk poem that gets readers to think or makes viewers crack a smile can be a form of care for a psychically strapped, anxiety-worn community in need of that attention. This may be especially true at a time when the very notion of expressing care or taking responsibility for one's community fails to resonate in pronouncements emanating from the nation's highest office.

Outside Dave's Place on Grotto Street, Mir de Silva's "Of a Feather" serves up a formidable pairing in the form of craft beer and birds — subjects capable of eliciting a passionate response from practically every hipster in Humboldt, when teamed this way. De Silva's decision to combine them within the confines of a delicately articulated steampunk bird-house tavern, with a chickadee barkeep pouring flights of Acorn Ale and Leaf

*Continued on next page »*

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NCJ ON THE COVER

Continued from previous page

Local copper artist Scott Hemphill talks with a couple taking in the murals during the festival. Hemphill was helping with the lettering on Ellie Gainey’s mural “Heart of the Redwoods,” located on the side of the Toy Box. It was the largest mural of this year’s festival.



Jose Moreno finishes one of his two murals painted on garage doors in the alley off Henderson Street between E and F streets.

Alme Allen looks at his nearly completed mural “Arareethivthaaneen” on the back wall of the Discovery Shop on the last day of the festival.



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Ahley Rose blows glitter into the paint of her work titled "Compliment in Chaos."



Lager for a violet-green swallow and a thirsty flicker, proved irresistible to passersby. "I've been putting in 12-hour days but it's been a happy experience," the artist said Monday. "I haven't had anybody say anything that was less than positive."

De Silva is an illustrator of children's books and avid birdwatcher who also works as a landscaper and gardener. "Everybody's spending time in their backyards now, landscaping and thinking about birds," she remarked. "I think a lot more people have started watching birds as a result of this pandemic." Other people seem to feel the same way, she speculated, noting how certain animal mascots kept turning up in unplanned correspondences. "Jose (Moreno) has woodpeckers in his piece, too. Alme (Allen)'s mural has flicker feathers. There's Carl (Avery)'s giant woodpecker. There are monarch butterflies in one of Jose's murals, and also in Gina Tuzzi's.

"The quarantine and the pandemic has been a time for reflection, I guess. It's not ideal! A lot of the media I consume is ... super negative. And you need to keep up with the news. But you also need to keep looking at the birds in your backyard." Paying attention, whether to a bird's field characteristics or to the intricacies of ritual, is a way to invest lived experience with a significance that many structures of contemporary life either deny or elide.

Jackson said she had drawn on memories of her own Flower Dance in designing her mural "Run." In her depiction, the red disk painted between the runner's shoulder blades telegraphs sacredness, even for viewers who may be unfamiliar with the dance's purpose. "The red disk signifies that she's opening herself up," Jackson said, "her body and her energy. The disk is painted on the dancer's back, her chest, the top of the head, and the bottom of the feet. This is something my medicine woman did with me but not everyone

does that. Some elements of the ritual, though, are universal — the maple bark skirt, the veil of blue jay feathers, the wristlets and the anklets."

When contemplating a potential composition, "I initially thought it would be cool to see the girl's perspective, from under the blue jay veil," Jackson said. However, "that seemed almost too intimate." She decided instead to represent a girl undertaking one of the morning and evening runs that dancers complete over the course of several days. During these runs, Jackson explained, "little kids chase after the runner, teasing her and trying to make her laugh. They represent her childhood. And as she outruns them, she leaves her childhood behind." The completed mural places viewers in the position of those kids, watching while the runner moves beyond their reach and into the space of adulthood. "We're watching her tread her own path."

"This pandemic has me reflecting on the Flower Dance and its resurgence in the last 20 years," Jackson said. How we come together, as community and as individuals. A lot of us who had the flower dance are thinking about it because [during the five days of the dance] we are in isolation, we quarantine ourselves from the rest of the community. And we have these certain rules we have to follow at given times: Don't eat, don't touch your face, etc." The application of this principle to quarantine time resonated festival-wide — ceremony and community can transfigure even the most onerous limitations and restrictions, turning them into sources of purpose and resilience.



*Gabrielle Gopinath (she/her) is an art writer, critic and curator based in Arcata. Follow her on Instagram at @gabriellegopinath.*



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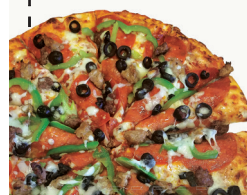
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## NCJ ON THE TABLE

# Green or Purple, They All Snap

Green bean and torpedo onion salad

By **Simona Carini**

onthetable@northcoastjournal.com

**S**nap beans, green beans, string beans and wax beans all refer to the same vegetable: *Phaseolus vulgaris*. I find the name green beans limiting, since the pods also come in beautiful dark purple and wax beans are yellow. Hence, I prefer to call them snap beans, a name that refers to the sound made by a freshly harvested pod when bent. The Italian name is fagiolini, literally “small beans.”

Green beans get their color from chlorophyll but yellow wax beans have been bred to have none of this pigment. As is the case with other vegetables, plant pigments called anthocyanins give beans their purple skin. The pretty color fades to green during the cooking process.

When purchasing seeds or seedlings, an important characteristic of snap bean varieties is whether they are bush or pole beans. If the plants need support to grow, they are classified as pole beans, while if they can grow without added support, they are classified as bush beans.

Green, purple or yellow, the pods of snap beans are harvested when young, fleshy and tender (and the seeds inside are small and underdeveloped). They are one on my favorite summer vegetables. This has been the case since I was a child, when the list of vegetables I enjoyed eating was quite short. The task of trimming the pods prior to cooking was usually assigned to me. The important part of this process was the removal of the string along the seam — that is no longer necessary nowadays as modern varieties are string-less.

Snap beans are also connected to my first vacation away from my family, when I was 16 years old. I spent a fortnight with a friend in her hometown of Rossano, in



A cool bean salad from Southern Italy.

Photo by Simona Carini

the southern Italian region of Calabria. Many of the foods I ate were either new or prepared differently from the way my mother prepared them. The latter group included snap beans, which my friend's mother boiled and dressed like a salad, not unlike my mother, but with the addition of red onion from the Calabrian town of Tropea.

I had never eaten a raw onion before, so the juicy, sweet rossa di Tropea was a revelation. There are two varieties of Tropea onion, round and elongated. The latter is known (and grown) in the U.S. as torpedo onion.

Here is that seminal salad revisited to add ingredients that bring additional flavor: mustard, black pepper and dried cherries. The last is optional but quite good.

## Green Bean and Torpedo Onion Salad

Serves 3-4 as a side dish.

### Ingredients:

- 1 pound snap beans (any variety), preferably organic
- 1 ½ tablespoons chopped dried cherries (unsweetened), optional
- 2 tablespoons finely sliced and chopped red torpedo onion, red spring onion or shallots
- 1 tablespoon fresh lemon juice

- ½ teaspoon mustard, whole-grain or stone-ground
- 2 tablespoons extra-virgin olive oil
- ¼ teaspoon fine sea salt
- 1 pinch of freshly ground black pepper

Rinse the beans then trim them: snap off the very end of each bean (where it attaches to the plant) with your fingers or snip it off with a knife. (Lining up a bunch of beans before applying the knife will speed up the process.)

Steam the beans approximately 5 minutes until tender to your liking — the time depends also on the thickness of the beans, so test them.

Cool the beans in a bath of ice water. Drain the beans and place them in a salad bowl to cool thoroughly.

Place the cherries in a small bowl and add 1 tablespoon of lukewarm water. Stir and let sit before stirring again 15 minutes later. Set aside until ready to use.

Cut the beans into bite-sized pieces approximately 2 inches long. Add the onion and toss. Put the rest of the ingredients, except the cherries, into a small glass jar. Screw on the lid tightly and shake well. Distribute on the salad and toss gently. Sprinkle on the cherries, if using, then toss again. Taste and adjust the seasoning to your liking, then serve. ●

*Simona Carini (she/her) also writes about her adventures in the kitchen on her blog [www.pulcetta.com](http://www.pulcetta.com).*



# Heart of the Beast

Traversing the pandemic to say goodbye

By Keith Hamm

itspersonal@northcoastjournal.com

It's midnight and I'm still an hour away for a 12:30 a.m. flight booked just hours before from my home, also hours and worlds away. Another panicked decision, another chance to act with little thought. Like being down at the blackjack table and pulling out the last Franklin in an attempt to see it all in my hands again, with interest. Except this decision will earn nothing. There is no opportunity to double down, surrender or try again. I ask myself what it means to risk so much for emotional gain.

Scrambling to rebook my missed flight, the fees and add-ons wouldn't bother me if I thought the cards were turning in my favor. I battle the impulse to go for broke just to have that last moment with my mother, that last expression of gratitude I'd passed on with others so many times. There won't be another chance so I'm here, all night in the car, my partner, another source of gratitude, next to me, encouraging me to do what it takes and let the chips fall where they may. But these chips have dangers we've never faced, dangers we've been avoiding for the last six months while COVID-19 ravages entire communities.

For some, death in the time of COVID is something to face head-on like the heroes who don the PPE everyday to save lives or at least make their passing less brutal. Others play their part in keeping this enemy at bay. There are also those who kicked and screamed, calling it a hoax, only see it grow and beat on their own door as well as ours. Then there is me, risking myself, my family at home, the family I'm going to see, to find peace in the now blind eyes of the one who gave me life.

Maybe this is a tale told many times over the ages. I didn't bother to find out. I didn't research smallpox or how the flu of 1918 tore apart families and left a hard lesson for us to now ignore. I'm writing this for myself to understand the things I do and how they connect. Taking risks

for emotional and/or physical goals. The attempt to reconcile my own actions or lack thereof.

It's 1 p.m. The first leg was uneventful but this flight, from Dallas, a current COVID-19 epicenter, to Ft. Lauderdale, another epicenter, starts with an argument with a woman claiming to have paid an extra \$39 for the right to the entire row of seats, including mine. She postures like a mother bear over the 30-year-old vinyl like it's her cub. I take an aisle seat elsewhere and once I am buckled in, the woman in the window seat breaks out a four-course meal packed in from some fast food window in the terminal. Thirty minutes into the flight and she is still the only person on the plane not wearing a mask, and I can smell the mix of lipstick and some form of fried chicken. Live and let be, I tell myself as I feel my heart rate pick up and I adjust the nose wire on the homemade filter mask that caked with dust from months in my truck and using it when I purchase supplies for work. The rubber bands on the rare N95 mask in my pocket wouldn't stay on my ears. So here I am with my dusty, well-used mask wondering how this woman could spend the next 15 minutes after finishing her meal finding ways to avoid putting hers on, first the wipe down and finishing her drink. Then the nose blowing, the hand sanitizing to the gathering of trash and grabbing of the phone as she tilts her head toward the oval window. But I don't really care; I'm looking for reasons to not think about why I'm here. Blame someone else for the

eruption welling up inside of me.

I know after I watch my mother die I'll have someone to blame for the havoc I may set upon my house when I cannot isolate properly. If not her, then I'll blame one of the young caregivers who stay around the clock at my mother's tiny condo, keeping her dry and keeping her cries of pain from finding a place in their heads. Four days home from the hospital, discharged to begin a cancer treatment not available to an inpatient. Four days of poor planning handed to my sister to oversee, her wits already thin, her back already strained, her life put on hold to cry for help. Treatment is now impossible. By day three, hospice is there to do what they do best: stop the screams. I would be there already had I not left the house without my wallet and driven two hours in a rush to answer her midnight calls. Sending her back to the hospital means we would never be allowed to see her again.

I know by the captain's announcement we are flying over the Florida swamps, the object of my youthful curiosities, from wondering what lurked below the coffee colored water that might like my bait to watching this beautiful land "managed" to become the streamlined product it is now. Perfect for entire retirement communities, overseen by big petrol and now big pythons, and let's not forget the biggest mouse of them all, trying to roar its way back to life in the center of a sickness that adores being up close and personal, just like Mickey.

In my handful of visits over the past

30 years, after leaving as an adolescent in need of his absent father, I found myself each time listening to the guilt and admonishment my mother gave herself for letting me go. All thinly veiled with obligatory Jewish humor meant for me to share the burden of having left.

Now the burdened returns. Back to pretend my absence did not create a distance as well. To assume I have something to offer now, that at no other time could have been better utilized. I have yet to convince myself that I am not making a huge mistake. I just don't know what that mistake is yet.

Last night while I was pushing the needle past 80 mph on the I-5, she was struggling to recognize her grandchildren. Her own daughter had just fired a thoughtless care provider only to spend six hours herself helpless to halt the increasing din of, "Make it stop!" We are all helpless now and only the biggest scourge of America can bring relief in the tiny, needle-punctured bottle. In my thoughts, it's procured from the hands of people who want us all dead. Twenty years ago I would have laughed at the dichotomy; now I know it's par for the course. The ding of the seat-belt light pauses my breath and diverts my thoughts as we descend into the heart of the beast. ●

*Keith Hamm (he/him) is a longtime, nonessential landscape contractor who believes in science and soul. In honor of Marcia Hamm, he and his family ask for any donations to go to [www.guidedog.org](http://www.guidedog.org).*



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# Calendar

## Aug. 20 – 27, 2020



Submitted

Your Saturday night is set. Log on for barn-appropriate music from the **Freshwater Farms Reserve Virtual Huckleberry Flint Concert** on **Aug. 22 at 7 p.m. at [www.givebutter.com/HuckFlint](http://www.givebutter.com/HuckFlint)**. You'll get a recorded show from the Northcoast Regional Land Trust property as well as Diamond D Ranch. Donations benefit the land trust's conservation efforts and the show justifies whatever jug drinking you choose to do in your own home.



Jordan Davis

Need a new reality show fix? ***Love In Lockdown*** might be The One. Hop (anonymously) onto the Zoom on **Sunday, Aug. 23 at 6 p.m.** to check out the virtual dating reality show or stream episodes for up to a week after they air (\$3 episode, \$10 all four episodes). This is a reasonable viewing schedule that will not mess with your already slippery grasp on time during the pandemic like an all-night (all-day?) binge. Baby steps.



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If you, like the *Journal* staff, deal with stress by looking at adorable goats online, good news: Your self-care ritual is now a means of doing good. Help fund the Boys & Girls Club of the Redwoods by picking a winner in the streaming **Wild Goat Race 2020** on **Saturday, Aug. 22 at 3:30 p.m.** from the Humboldt County Fairgrounds. Horn in on the raffle action via the Facebook event page and watch the hooves on the move on Facebook or YouTube.

## 20 Thursday

### BOOKS

**StoryWalk 2.** 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. Walk and read *Goin' Someplace Special* by Patricia McKissack, illustrated by Jerry Pinkney. The library is dedicating this StoryWalk to late civil rights legend Rep. John Lewis. Take this walk on your own in the garden.

### DANCE

**Dances of Brazil.** 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Learn different styles of Brazilian dances such as samba Afro, reggae, axé, samba no pé and more, with instruction by Rocío Cristal and María Vanderhorst. All-level class. Limited to five people. Register in advance at [talavera.rocio@gmail.com](mailto:talavera.rocio@gmail.com). \$15. [www.redwoodraks.com](http://www.redwoodraks.com).

### MUSIC

**The J St. Regulars Radio Hour.** Ongoing, 7-8 p.m. Virtual World, Online. Tune in each weeknight for live music by the J St. Regulars, 7 to 8 p.m. on The Sanctuary Arcata's Facebook and Instagram pages. [www.facebook.com/thesanctuaryarcata](http://www.facebook.com/thesanctuaryarcata).

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. A Facebook group to join if you like fun group singing. Song of the day posted at 3 p.m., sing starts at 7 p.m. Free. [www.facebook.com/groups/quarantinesingalong](http://www.facebook.com/groups/quarantinesingalong).

### SPOKEN WORD

**Poetry on the Edge.** Ongoing, noon. Virtual World, Online. This Facebook group of Humboldt County poets (and lovers of poetry) is about living on the edge of the continent in a pandemic. Hosted by Eureka Poet Laureate David Holper. Free.

### EVENTS

**KMUD Virtual Talent Show.** Virtual World, Online. Viewing and voting for favorites Aug. 10-22. From a juggler, to aspiring musicians, all from behind the Redwood Curtain. Go to @kmudradio on Instagram, @kmud on Twitter or the KMUD Facebook page or website. [www.kmud.org](http://www.kmud.org).

### FOR KIDS

**Fortuna Library Recorded Readings.** Virtual World, Online. Hosted by the Fortuna Branch Library on its Facebook page, [www.facebook.com/HumCoLibraryFortuna](http://www.facebook.com/HumCoLibraryFortuna).

**Virtual Junior Rangers.** 11:30 a.m. Virtual World, Online. Join the North Coast Redwoods District of California State Parks for weekly kids' programs and activities related to coast redwoods, marine protected areas and more, plus the chance to earn Junior Ranger Badges. Register online and watch live. [www.bit.ly/NCRDVirtualJuniorRanger](http://www.bit.ly/NCRDVirtualJuniorRanger).

### FOOD

**Eureka Henderson Center Farmers Market.** 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh and local fruits, vegetables, plant starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

**Food for People's Free Produce Distribution.** Third Thursday of every month, 11 a.m.-1 p.m. Bayshore Mall, 3300 Broadway, Eureka. Every third Thursday in the north parking lot at Bayshore mall. Masks and 6-foot distancing required. Make room in vehicles. Volunteers will load produce directly into the trunk. Those without

vehicles can visit the Eureka Food Pantry (2112 Broadway) Tuesday, Wednesday and Friday from 11 a.m. to 3 p.m.

**McKinleyville Farmers Market.** 3-6 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. In the parking lot of the McKinleyville Eureka Natural Foods. Locally grown fruits, vegetables, plant starts, succulents, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

**Willow Creek Farmers Market.** 6 p.m. Veteran's Park, 135 Willow Road, Willow Creek. Locally grown food. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

### OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. California State Parks' North Coast Redwoods District is broadcasting programs featuring tall trees and rugged seas from state parks via Facebook from. Free. [www.facebook.com/NorthCoastRedwoods](http://www.facebook.com/NorthCoastRedwoods).

**SnapShot Hum Coast Bioblitz.** 7 a.m.-noon Virtual World, Online. During this local, physically distanced Bioblitz, participants are encouraged to visit any coastal locations in Humboldt County, snap pictures of their observations and upload them to the SnapShot Hum Coast Project in the iNaturalist App. Free. [michelle@trinidadcoastallandtrust.org](mailto:michelle@trinidadcoastallandtrust.org). [www.facebook.com/events/1728977650591128/](http://www.facebook.com/events/1728977650591128/). 677-2501.

### ETC

**Chamber Chats w/John Richmond of Times-Standard.** noon. Virtual World, Online. Arcata Chamber of Commerce featured speaker is John Richmond, publisher and general manager of the *Times-Standard* and director of advertising for division, NorCal Community Media. Via Zoom. Pre-Registration required. Open to all. [www.arcatachamber.com/event/chamber-chats-featuring-john-richmond-times-standard](http://www.arcatachamber.com/event/chamber-chats-featuring-john-richmond-times-standard).

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. Local online adult ESL classes. No registration required. This class offers pronunciation, speaking, reading, writing, vocabulary, verb conjugations and common expressions. All levels welcome. Join anytime. On YouTube at English Express Humboldt. Join anytime. Free. [www.englishexpressemPOWERED.com](http://www.englishexpressemPOWERED.com). 443-5021. Free.

**Parenting in a Pandemic - Virtual Therapist Panel Q&A.** 6 p.m. Virtual World, Online. Wild Souls Ranch Live Q&A panel for parents who have questions and concerns regarding going back to school, distance learning, working from home, etc. Submit questions at [wsrdevelopment@gmail.com](mailto:wsrdevelopment@gmail.com). Watch the Facebook live stream on Wild Souls Ranch Facebook page.

**Restorative Movement.** 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. SoHum Health presents a class including breath work, relaxation and a variety of yoga and non-yoga movement styles. Tuesday classes focus on strength and mobility. Thursday classes focus on relaxation and breath work. Contact instructor Ann Constantino for a link to the online class orientation. Free. [annconstantino@gmail.com](mailto:annconstantino@gmail.com). [www.sohumhealth.org](http://www.sohumhealth.org). 923-3921.

**The Writers Lounge via Zoom.** 7:30 p.m. Virtual World, Online. A writing workshop for people who don't know what to write. Geared toward stand-up comedy sets and comedy writing. Zoom Room: 857 4217 6054. Password: writers. Join Zoom Meeting [www.us02web](http://www.us02web).

[zoom.us/j/85742176054?pwd=dWp4UGVqaUVYQ0w-zekVnZkZ0VlMzZz09](https://zoom.us/j/85742176054?pwd=dWp4UGVqaUVYQ0w-zekVnZkZ0VlMzZz09)

## 21 Friday

### ART

**Two-Day Open Craft.** Noon. Scrapper's Edge, 728 Fourth St., Eureka. Bring your projects and stretch out on your own 6-foot table. Pizza on Friday, sandwiches on Saturday. Beverages included. Register in person, by phone or online. \$45. [www.bit.ly/2sIFeYP](http://www.bit.ly/2sIFeYP). 445-9686.

### BOOKS

**StoryWalk 2.** 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See Aug. 20 listing.

### LECTURE

**Ask the Curator.** 2-3 p.m. Virtual World, Online. Clarke Museum curator Katie Buesch and guest hosts showcase weekly topics with a trivia contest the last Friday of every month. Past segments available at [www.clarkemuseum.org](http://www.clarkemuseum.org). Free. [Dana.f@clarkemuseum.org](mailto:Dana.f@clarkemuseum.org). [www.facebook.com/ClarkeHistoricalMuseum](http://www.facebook.com/ClarkeHistoricalMuseum). 443-1947.

**Telling Your Story: Outreach & Media.** Noon. Virtual World, Online. How to use media to benefit your work, be a media spokesperson and create press releases and your own media. With moderator Regina Chichizola of Save California Salmon, Allie Hostler of *Two Rivers Tribune* and Terria Smith of *News from Native California*.

### MUSIC

**Ghost Train Live (stream) at the Jam.** 8 p.m. The Jam, 915 H St., Arcata. Ghost Train plays on the Jam's remodeled stage, broadcasting on Facebook Live. Outdoor seating area will be open. Virtual donations are welcome via venmo @Mercury-Sky-Records. [www.jambalayaarcata.com](http://www.jambalayaarcata.com).

**The J St. Regulars Radio Hour.** Ongoing, 7-8 p.m. Virtual World, Online. See Aug. 20 listing.

**King Maxwell Quarantine Funk #9.** 9-11 p.m. Virtual World, Online. King Maxwell spins funk, soul, electro, disco, roller skating jams and boogie, and adds vocoder flavor. Free. [arcatasoulpartycREW@gmail.com](mailto:arcatasoulpartycREW@gmail.com). [www.youtube.com/watch?v=pssTRy5HLAk](http://www.youtube.com/watch?v=pssTRy5HLAk).

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Aug. 20 listing.

**Shelter n Play.** 6 p.m. Virtual World, Online. Public group on Facebook made up of locals. Open mic for all skill levels, all styles, all humans welcome to watch or perform. Sign-ups Wednesdays at noon. [www.facebook.com/groups/224856781967115](http://www.facebook.com/groups/224856781967115).

### SPOKEN WORD

**Poetry on the Edge.** Ongoing, noon. Virtual World, Online. See Aug. 20 listing.

### EVENTS

**Cultivating Resilience: Online Arts and Culture Symposium.** 4-6 p.m. Virtual World, Online. Friday: Conversations on Cultivating Resilience with Julian Lang, Brittany Britton, Argie Munoz, Alissa Pattison, Monique Desir, Octavio Acosta, Leslie Castellano and Laura Poppiti (CCI). Saturday: Choose from workshops on Sustaining Your Art Business panel with Krista Smith and HA Pearson, and Equity Takes Practice with Rhiannon Evans MacFadyen. Register online. Free. [www.inkpeople.org/cultivating-resilience](http://www.inkpeople.org/cultivating-resilience).

**The Curiosity Hour: Weekly Double Dose of Weird with Veve Decay.** 8 p.m. Virtual World, Online. A strange and macabre evening of whimsical tales, live video chats and parlor games. Hosted by Altar Ego: Curious



Art & Fashion Design. Tune in at [www.facebook.com/events/939880849742122](https://www.facebook.com/events/939880849742122).

**KMUD Virtual Talent Show.** Virtual World, Online. See Aug. 20 listing.

**Virtual Eureka Friday Night Market.** Virtual World, Online. Humboldt Made hosts local products/services online, where customers can shop from home with a safe pick up at the Eureka Visitor Center every Friday. [www.eurekafridaynightmarket.com](http://www.eurekafridaynightmarket.com).

## FOR KIDS

**School-age Storytime.** 11 a.m. Virtual World, Online. Hosted by the Arcata Branch Library via Zoom. To sign up, email [sparsons@co.humboldt.ca.us](mailto:sparsons@co.humboldt.ca.us) or call 822-5954.

## FOOD

**Garberville Farmers Market.** 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh, locally grown fruits, vegetables, plants starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

**Mateel Summer Drive Through Dinners Fundraiser.** 4:30-8:30 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Featuring Indian-inspired menu prepared by guest chef Ross Hoon. Orders for dinner taken from 4:30pm-8:30 at 59 Rusk Lane in Redway. Drive in to the lower parking lot to place and pick up orders and exit out the back gate. Limited table seating is available on the hillside. [www.mateel.org](http://www.mateel.org).

## OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Aug. 20 listing.

**SnapShot Hum Coast Bioblitz.** 7 a.m.-noon Virtual World, Online. See Aug. 20 listing.

## ETC

**A Call to Yarns.** Noon-1 p.m. Virtual World, Online. A weekly Zoom meetup for knitters and crocheters to connect, show off creations and work on projects together. Sign up using the Google form and get an email with the meeting invite. Free. [sparsons@co.humboldt.ca.us](mailto:sparsons@co.humboldt.ca.us). [www.forms.gle/CkdbZSbjbckZQej89](https://forms.gle/CkdbZSbjbckZQej89). 822-5954.

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Aug. 20 listing.

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. SoHum Health presents online classes with short, high intensity cardio workouts. Contact instructor Stephanie Finch by email for a link to the online class. Free. [sfinch40@gmail.com](mailto:sfinch40@gmail.com). [www.sohumhealth.com](http://www.sohumhealth.com).

# 22 Saturday

## ART

**Two-Day Open Craft.** 10 a.m. Scrapper's Edge, 728 Fourth St., Eureka. See Aug. 21 listing.

## BOOKS

**Reading in Place - An Online Reading Group.** 1 p.m. Virtual World, Online. Discuss a different short story (available online) and connect with other readers. Sign up online for a Zoom meeting invite and that week's reading selection. [www.forms.gle/zKymPvcDFDG7BJEP9](https://forms.gle/zKymPvcDFDG7BJEP9).

**StoryWalk 2.** 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See Aug. 20 listing.

## MUSIC

**EmRart with James Zeller.** 2-4 p.m. Virtual World, Online. Cross-platform entertainment from remote locations. James Zeller plays jazz from Arcata, and Emily

Reinhart lays charcoal on birch wood in Eureka. Watch via Facebook ([www.facebook.com/EmRart](https://www.facebook.com/EmRart)) or by YouTube. Free. [emily@emilyreinhardt.com](mailto:emily@emilyreinhardt.com). [www.youtube.com/channel/UCldGc\\_-RErDvHWjNBsbhIQ](https://www.youtube.com/channel/UCldGc_-RErDvHWjNBsbhIQ).

**Freshwater Farms Reserve Virtual Huckleberry Flint Concert.** 7 p.m. Virtual World, Online. Enjoy new music from the band filmed out at Freshwater Farms, along with landscape footage from Northcoast Regional Land Trust's most recently conserved property, Diamond D Ranch. Benefits the trust, donations encouraged during the event and online at [www.ncrlt.org](http://www.ncrlt.org). [www.givebutter.com/HuckFlint](http://www.givebutter.com/HuckFlint).

**The J St. Regulars Radio Hour.** Ongoing, 7-8 p.m. Virtual World, Online. See Aug. 20 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Aug. 20 listing.

## SPOKEN WORD

**Poetry on the Edge.** Ongoing, noon. Virtual World, Online. See Aug. 20 listing.

## EVENTS

**Club Triangle Streaming Saturdays.** Virtual World, Online. Weekly online queer variety show. Submissions accepted daily then shared on Streaming Saturdays all day. Post your art on social media and tag @club-triangle. #coronoshebettadont. [www.instagram.com/clubtriangle](https://www.instagram.com/clubtriangle) [www.facebook.com/clubtriangle](https://www.facebook.com/clubtriangle) Free. [www.facebook.com/clubtriangle](https://www.facebook.com/clubtriangle).

**Cultivating Resilience: Online Arts and Culture Symposium.** 1-2:30 p.m. Virtual World, Online. See Aug. 21 listing.

**KMUD Virtual Talent Show.** Virtual World, Online. See Aug. 20 listing.

## FOR KIDS

**Preschool Storytime.** 11 a.m. Virtual World, Online. Hosted by the Arcata Branch Library via Zoom. To sign up, email [sparsons@co.humboldt.ca.us](mailto:sparsons@co.humboldt.ca.us) or call 822-5954.

**Virtual Campfire Programs.** Virtual World, Online. California State Parks North Coast Redwoods host virtual campfire programs every Saturday during August. Explore the redwoods, the sea and more. Register online. Recordings available on Facebook and YouTube. [www.bit.ly/NCRDCampfire](http://www.bit.ly/NCRDCampfire).

**Wild Goat Race.** 3:30 p.m. Virtual World, Online. Benefit for Boys & Girls Club of the Redwoods. Pick your favorite goat to win at [www.facebook.com/events/1210845995943533](https://www.facebook.com/events/1210845995943533) and enter the prize raffle. Race begins at 4 p.m. and will be live streamed from the Humboldt County Fairgrounds via Facebook and YouTube. [www.interland3.donorperfect.net/weblink/weblink.aspx?name=E144392&id=37](https://www.interland3.donorperfect.net/weblink/weblink.aspx?name=E144392&id=37).

## FOOD

**Arcata Plaza Farmers Market.** 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Local fruits, vegetable, plant starts, flowers and more. Visit the NCGA website to view updates and protocols to help keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

## OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Aug. 20 listing.

**SnapShot Hum Coast Bioblitz.** 7 a.m.-noon Virtual World, Online. See Aug. 20 listing.

## ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Aug. 20 listing.

*Continued on next page »*

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23 Sunday

BOOKS

**StoryWalk 2.** 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See Aug. 20 listing.

MUSIC

**The J St. Regulars Radio Hour.** Ongoing, 7-8 p.m. Virtual World, Online. See Aug. 20 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Aug. 20 listing.

SPOKEN WORD

**Poetry on the Edge.** Ongoing, noon. Virtual World, Online. See Aug. 20 listing.

EVENTS

**Love In Lockdown.** 6 p.m. Virtual World, Online. A live virtual dating reality show in which contestants go on dates hoping to find true love. Tune in anonymously on Zoom each week. Episodes stream for up to a week after airing. Tickets and subscriptions online. \$3 an episode, \$10 four-episode season. [www.limearts.org/shop](http://www.limearts.org/shop).

FOOD

**Food Not Bombs.** 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

MEETINGS

**Readings in the Redwoods.** Noon-2 p.m. Carlotta, Humboldt County. Readings of Paul Selig's *I am the Word*. Email or text for directions to the outdoor firepit at the Redwood River Lodge in Carlotta and observe social distancing. Free. [btngineer2011@gmail.com](mailto:btngineer2011@gmail.com). [www.paulselig.com](http://www.paulselig.com). 298-3466.

OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Aug. 20 listing.

**SnapShot Hum Coast Bioblitz.** 7 a.m.-noon Virtual World, Online. See Aug. 20 listing.

ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Aug. 20 listing.

24 Monday

BOOKS

**StoryWalk 2.** 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See Aug. 20 listing.

MUSIC

**The J St. Regulars Radio Hour.** Ongoing, 7-8 p.m. Virtual World, Online. See Aug. 20 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Aug. 20 listing.

SPOKEN WORD

**Poetry on the Edge.** Ongoing, noon. Virtual World, Online. See Aug. 20 listing.

FOOD

**Miranda Farmers Market.** 2-6 p.m. Miranda Market, 6685 Avenue of the Giants. Farmers and vendors bring fresh food weekly. Visit the NCGA website to view updates and protocols to help keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Aug. 20 listing.

**SnapShot Hum Coast Bioblitz.** 7 a.m.-noon Virtual World, Online. See Aug. 20 listing.

ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Aug. 20 listing.

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. See Aug. 21 listing.

25 Tuesday

BOOKS

**StoryWalk 2.** 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See Aug. 20 listing.

COMEDY

**Savage Henry's BigFish Open Mic via Zoom.** 9 p.m. Virtual World, Online. Enjoy or participate in some stand-up open-mic Zoom style. Five-minute sets. Zoom: [www.us02web.zoom.us/j/86421967992](http://www.us02web.zoom.us/j/86421967992) Password: comedy.

MUSIC

**The J St. Regulars Radio Hour.** Ongoing, 7-8 p.m. Virtual World, Online. See Aug. 20 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Aug. 20 listing.

SPOKEN WORD

**Poetry on the Edge.** Ongoing, noon. Virtual World, Online. See Aug. 20 listing.

FOR KIDS

**Tuesday Storytime with Ms. Tamara.** Virtual World, Online. Posted every Tuesday on Arcata Library's Facebook page, [www.facebook.com/HumCoLibraryArcata](http://www.facebook.com/HumCoLibraryArcata).

FOOD

**Eureka Old Town Farmers Market.** 10 a.m.-1 p.m. Old Town, F Street between First and Third streets, Eureka. Fresh produce, plant starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

**Fortuna Farmers Market.** 3-6 p.m. 10th and Main streets, Fortuna. Local farmers bring fresh fruits, vegetables, plants starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

**Shelter Cove Farmers Market.** 11 a.m.-3 p.m. Mario's Marina Bar, 533 Machi Road, Shelter Cove. Farmers and vendors bring a variety of fruits, vegetables, plant starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Aug. 20 listing.

**SnapShot Hum Coast Bioblitz.** 7 a.m.-noon Virtual World, Online. See Aug. 20 listing.

ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Aug. 20 listing.

**Restorative Movement.** 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. See Aug. 20 listing.

26 Wednesday

BOOKS

**StoryWalk 2.** 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See Aug. 20 listing.

COMEDY

**Drive-In Comedy w/Eric Fitzgerald.** 9 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Pull in behind the club, tune into 107.9 FM and enjoy the show. No public restroom. Mask required outside vehicle. Venmo donations welcomed @Savage-Henry. [www.savagehenrymagazine.com](http://www.savagehenrymagazine.com).

LECTURE

**Building Tenants Power Workshop.** 6 p.m. Virtual World, Online. Learn to effectively resist evictions/gentrification, and fight for tenants rights and affordable housing. Via Zoom. [www.us02web.zoom.us/j/89547562002?pwd=cjdvUkhXdkVxNkFtbW-FxOCtDbTlHdz09](http://www.us02web.zoom.us/j/89547562002?pwd=cjdvUkhXdkVxNkFtbW-FxOCtDbTlHdz09). Meeting ID: 895 4756 2002 Passcode: 427268

**Meet the Expert.** 5 p.m. Virtual World, Online. Humboldt-Del Norte Film Commissioner Cassandra Hesseltine interviews film industry professionals and discusses local filming. New videos posted to the film commission's YouTube channel and social media. [www.youtube.com/channel/UCsbPoRUx8OJlzuLCUNIBxiw](http://www.youtube.com/channel/UCsbPoRUx8OJlzuLCUNIBxiw).

MUSIC

**The J St. Regulars Radio Hour.** Ongoing, 7-8 p.m. Virtual World, Online. See Aug. 20 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Aug. 20 listing.

SPOKEN WORD

**Poetry on the Edge.** Ongoing, noon. Virtual World, Online. See Aug. 20 listing.

EVENTS

**The Curiosity Hour: Weekly Double Dose of Weird with Veve Decay.** 8 p.m. Virtual World, Online. See Aug. 21 listing.

FOR KIDS

**Preschool Storytime.** 11 a.m. Virtual World, Online. See Aug. 22 listing.

OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Aug. 20 listing.

**SnapShot Hum Coast Bioblitz.** 7 a.m.-noon Virtual World, Online. See Aug. 20 listing.

ETC

**Electric Vehicles 101 Webinar.** 10-11 a.m. & 5:30-6:30 p.m. Virtual World, Online. Online presentation by RCEA Transportation Specialist Sophia Valenzuela about types of electric vehicles, financial incentives and more. Q&A follows. Register in advance online. [EV@RedwoodEnergy.org](http://EV@RedwoodEnergy.org). [redwoodenergy.org/get-involved/repowerhour](http://redwoodenergy.org/get-involved/repowerhour). 382-7110.

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Aug. 20 listing.

**Hops in Humboldt Fortuna Chamber Mixer.** 5:30 p.m. Virtual World, Online. Virtual Chamber mixer hosted by the Hops in Humboldt Committee. A 21+ drinking game, prizes, 50/50 raffle, shelter-in-place scavenger hunt and more. Register in advance, purchase tickets and enter the giveaway online. [www.fortunachamber.com/hopsmixer](http://www.fortunachamber.com/hopsmixer).

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. See Aug.

21 listing.

**Towards Citizenship.** Virtual World, Online. Prepare to be a U.S. citizen. Local online classes to prepare for the citizenship exam/interview. Join anytime. Free. [www.englishexpressempowered.com](http://www.englishexpressempowered.com). 362-3968.

**Weekly Check-in with Rep. Huffman.** noon. Virtual World, Online. Rep. Jared Huffman (D-San Rafael) will hold Facebook Live check-ins to engage with his constituents on the latest updates regarding the novel coronavirus pandemic and to answer questions about the federal response. More information at [www.huffman.house.gov/coronavirus](http://www.huffman.house.gov/coronavirus). Free. [www.facebook.com/rephuffman](http://www.facebook.com/rephuffman).

27 Thursday

BOOKS

**StoryWalk 2.** 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See Aug. 20 listing.

DANCE

**Dances of Brazil.** 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See Aug. 20 listing.

MUSIC

**The J St. Regulars Radio Hour.** Ongoing, 7-8 p.m. Virtual World, Online. See Aug. 20 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Aug. 20 listing.

SPOKEN WORD

**Poetry on the Edge.** Ongoing, noon. Virtual World, Online. See Aug. 20 listing.

FOR KIDS

**Fortuna Library Recorded Readings.** Virtual World, Online. See Aug. 20 listing.

**Virtual Junior Rangers.** 11:30 a.m. Virtual World, Online. See Aug. 20 listing.

FOOD

**Eureka Henderson Center Farmers Market.** 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Aug. 20 listing.

**McKinleyville Farmers Market.** 3-6 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. See Aug. 20 listing.

**Willow Creek Farmers Market.** 6 p.m. Veteran's Park, 135 Willow Road, Willow Creek. See Aug. 20 listing.

OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Aug. 20 listing.

**SnapShot Hum Coast Bioblitz.** 7 a.m.-noon Virtual World, Online. See Aug. 20 listing.

ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Aug. 20 listing.

**Restorative Movement.** 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. See Aug. 20 listing.

**The Writers Lounge via Zoom.** 7:30 p.m. Virtual World, Online. See Aug. 20 listing.

Heads Up ...

**Low-cost firewood vouchers** will be sold starting Aug. 17 by the Humboldt Senior Resource Center. Households with an individual 55 or older and living on a low to moderate income are eligible to purchase one firewood voucher. For more information, call 443-9747, ext. 3232.

**The city of Arcata seeks applicants** for two open vacancies on the Historic Landmarks Committee. Com-



munity members with a passion for historic architecture and local history are encouraged to apply. Drop off applications at the City Manager's Office at City Hall in Arcata. For more information, visit [www.cityofarcata.org](http://www.cityofarcata.org) or call 822-5953.

**The city of Arcata Recreation Division** is accepting applications for part-time Recreation Day Camp directors to facilitate COVID-19 compliant programs. Deadline to apply is Friday, Aug. 21. Applications are available at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec) or in the Recreation Office at Arcata City Hall. For more information, call 822-7091.

**Tell your COVID-19 stories** for Humboldt State University's special project. Faculty, students, HSU's Library Special Collections and the Center for Community Based Learning are documenting community members' experiences. Contact Suzanne Pasztor at [sp49@humboldt.edu](mailto:sp49@humboldt.edu) or Carly Marino at [Carly.Marino@humboldt.edu](mailto:Carly.Marino@humboldt.edu).

**First 5 Humboldt and the Humboldt County** Department of Health and Human Services are offering mini-grants to address Adverse Childhood Experiences. Funding is available to community-based organizations that serve pregnant women and youth, 0 to 8 and their families. The deadline for applications is Aug. 21 at 5 p.m. Email [SAnderson@co.humboldt.ca.us](mailto:SAnderson@co.humboldt.ca.us) or call 476-4073.

**GOHumCo seeks people to serve on two committees.** The Comprehensive Economic Development Strategy group helps prioritize economic development initiatives across several industries. The Prosperity Network is made up of local business owners and agencies. Participants would be helping steer this group through the pandemic recovery. For more information and to apply, visit [www.humboldt.gov/CivicAlerts.aspx?AID=3081](http://www.humboldt.gov/CivicAlerts.aspx?AID=3081).

**Coast Central Credit Union's Community Investment Program** is now open. Applications for the grants and more information may be obtained at [www.coastccu.org](http://www.coastccu.org) under the Community tab, or by calling 445-8801, ext. 309 or [ctoste@coastccu.org](mailto:ctoste@coastccu.org). The deadline is Monday, Aug. 31, to Humboldt Area Foundation.

**The Redwood Discovery Museum** is seeking donations to keep it going. Make a tax-deductible, one-time or recurring donation through the museum's secure online portal [www.discovery-museum.org/donate.html](http://www.discovery-museum.org/donate.html). Or email or call 443-9694.

**The city of Eureka is accepting donated face coverings.** Homemade cloth masks, no-sew masks, bandanas and elastic hair ties will be sanitized and distributed to St. Vincent de Paul, the Eureka Rescue Mission and the Betty Kwan Chinn Day Center. Donation box outside the main entrance of Eureka City Hall at 531 K St. weekdays from 8:30 a.m. to noon and 1 to 4 p.m.

**Area 1 Agency on Aging Partners** and the Friendship Line offer support to seniors. Older adults can call the toll-free "warm line" (1-888-670-1360) for a friendly listening ear and emotional support for those facing loneliness, isolation or anxiety, including concerns about COVID-19. Both the new number and the 24-hour, toll-free Friendship Line (1-800-971-0016) will take inbound calls, as well as offer pre-scheduled outbound call service.

**Redwood Community Action Agency** is offering help with energy bills, the purchase of propane, firewood, pellets or kerosene for low to moderate income households. Call 444-3831, extension 202. [www.rcaa.org](http://www.rcaa.org). 445-0881.

**Northern California Community Blood Bank:** You can make an extremely essential outing and safely donate at locations around Humboldt. Blood mobiles and the blood center are set up for social distancing. Visit [www.nccbb.net](http://www.nccbb.net) for the schedule.

**Donations of PPE** can be made at Mad River Community Hospital's main entrance Monday through Friday, noon to 2 p.m. Facilities in need of masks can reach out to the Facebook group Humboldt Coronavirus Mask Makers for donations.

**SoHum Health's hospital and clinic staff** are calling seniors residing in the area to offer a wellness check, information on grocery delivery services via the Healy Senior Center, prescription refills and delivery, and Tele-health visits with their clinic providers, if needed. Don't wait for a call, contact SoHum Health's Senior Life Solutions at 922-6321.

**Children and their families can sign up** for summer reading and get free craft activity kits during curbside pickup hours at all Humboldt County Library locations while supplies last. Sign up online at [www.humboldt.gov.org/1502/Summer-Reading-Club](http://www.humboldt.gov.org/1502/Summer-Reading-Club) or during curbside pickup at any library.

**The Humboldt and Del Norte County 4-H Program** is offering a free curriculum and virtual field trips designed for kids 9-18, ranging from arts and crafts to cooking and livestock to bees. Visit [www.cehumboldt.ucanr.edu/Programs/4-H\\_Program\\_270](http://www.cehumboldt.ucanr.edu/Programs/4-H_Program_270) or follow @Humboldt-County4H and @DelNorteCounty4H Facebook pages for daily activity uploads.

**The city of Arcata is offering free delivery** of \$25 backyard compost bins. Email [eservices@cityofarcata.org](mailto:eservices@cityofarcata.org).

org or by calling 822-8184. Proof of Arcata residency required. Free oil recycling drain pans for Arcata residents can be picked up from City Hall 11 a.m.-5 p.m. For more information on zero waste practices, visit [www.cityofarcata.org](http://www.cityofarcata.org).

**The Arcata School District Summer Meals Program** runs through Aug. 24 at Arcata Elementary School, Sunny Brae Middle School and five community sites. All children 18 and under and people 21 and under who are disabled are welcome to free meals on weekdays, with breakfast and lunch served in one bag. The main serving site will be Arcata Elementary (noon to 1 p.m.), augmented by the following mobile sites: 2575 Alliance Road (11-11:20 a.m.), Sunny Brae Middle School (11:30-11:50 a.m.), Rotary Park (noon-12:10 p.m.), Greenview Park (12:25-12:35 p.m.), Manila Park (12:45-1:05 p.m.) and Phillips Court in Manila (1:10-1:15 p.m.). The schedule is subject to change. Call 839-5219 with any questions.

**The city of Eureka seeks photos and memories** of Sequoia Park and its playground or the Sequoia Park Zoo for the Sequoia Park Improvement Project. Send submissions by email to [sequoiaparkmemories@ci.eureka.ca.gov](mailto:sequoiaparkmemories@ci.eureka.ca.gov), upload to [www.sequoiaparkmemories.com](http://www.sequoiaparkmemories.com) or mail to Sequoia Park Memories, c/o Adorni Community Center, 1011 Waterfront Drive, Eureka, CA 95501.

**The Humboldt County Animal Shelter** will be closed to the public during shelter in place order, though staff will take calls Monday through Friday from 8 a.m. to 4:30 p.m. Adoptions by appointment. If your pet is impounded at the shelter, call 840-9132 to leave a message to make pick-up arrangements. ●

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# Superhero Surprise

## Project Power

By John J. Bennett

screens@northcoastjournal.com

**PROJECT POWER.** A friend, whose name shall remain unsaid but which once appeared on this very masthead, wondered not long ago, whither Jamie Foxx. I bristled a bit at the question, as Foxx's contribution to Michael Mann's *Miami Vice* (2006), a seminal if divisive document of the early '00s and one of my favorite movies of all time, basically renders his career immortal and immutable. From a less biased perspective, though, it's not unreasonable to ask. Those of a certain age probably knew him first for *In Living Color*, wherein his timing, charisma and gameness made it no real surprise when he transitioned to movie acting. Then he made three movies with Mann (*Ali*, 2001, and *Collateral*, 2004, before *Miami Vice*), winning a Best Actor Oscar for *Ray* (2004) in the midst of that run. It was indisputable that he had arrived on the A-list. Bankable, famous, prestigious and versatile, it seemed he could write his own ticket. Which may be exactly what he's been doing in the meantime: He's continued to dabble in television, collaborated on a fair amount of music and acted in a variety of high-profile movies.

As a movie actor, though, he hasn't maintained the prominent position in the ongoing conversation we might have expected. His role in *Django Unchained* (2012) is undeniably that of a movie star but in the last 15 years (or so) he has been a leading man, a character actor, comic relief, the American president and occasional other villains. He's been eminently watchable all along, despite the mixed popular and critical reception of those projects. And now, after a heartbreaking, low-key performance in Destin Daniel Cretton's *Just Mercy* (2019), Foxx is back to blockbusters in the era of their undoing.



Coastal Humbolders when the temperature goes above 75 degrees.

*Project Power*

A disclaimer: Like everyone else, the pandemic, coupled with the authoritarian coup threatening democracy, has made me a little insane. It's difficult to track its effects, and the symptoms sometimes seem disassociated from the cause. And so it is impossible that my reaction to the books, music and movies I'm taking in has not been colored, even imperceptively, by the steady erosion of my mental and emotional state. Maybe it has made me more accepting, thankful as I am for distractions and escapism, but also for reflections and meditations on the good and brave things of which people are capable. Whatever it is, I really like *Project Power*; it seems like I shouldn't but I do.

In a perhaps parallel-universe present-day New Orleans, an exciting new drug is freely given to street dealers for broad distribution. The gleaming pills, we learn, will unlock users' innate super-power but only for five minutes at a time. As you might expect, the powers are a mixed bag — could be super-strength, could result in self-immolation. An NOPD detective (Joseph Gordon-Levitt) relies on the occasional pill and his friendship with a struggling would-be rapper/occasional dealer named Robin (Dominique Fishback) to help him fight the good fight. Meanwhile, a former Army Ranger called the Major (Foxx) arrives in the city, hunting the supplier of the drug and searching desperately for his daughter. Superhero action ensues.

This movie feels like a statement by Netflix, the first true blockbuster-type movie it's brought to the table. It's certainly possible the absence of the predominant tentpoles and the theatrical experience has slowed or softened my

critical response. And it may be "lucky" timing that the movie the studio had most groomed as a contender for theatrical release is now a streaming title. But there is something to *Project Power*, that nearly impossible combination of cast and story and style that makes a movie memorable, that leaves the audience satisfied, even wanting more, rather than lamenting what might have been. And as much as I've enjoyed what Netflix has offered us, lo these horrendous months, this is the first one that hits all the marks. Even *Extraction*, which I very much enjoyed, felt like a stunt show writ large. It didn't have the cohesiveness that would let it stand up next to a major weekend release. Somehow, almost inexplicably, *Project Power* does.

This is due in no small part to Foxx's unassuming ability to own the frame, his elegantly contained explosive physicality and ability to be emotionally vulnerable. Gordon-Levitt, about whom my admiration has been broadcast, makes nothing but smart choices, playing a dynamic but appropriately reserved supporting role. And Fishback, with rhymes written for her by Chika, also owns every frame in which she appears.

The cast, though formidable in its own right, could get lost in a movie like this, were it not for a sure-footed script and direction. And they have it in an original screenplay by Mattson Tomlin and shockingly good-looking, well-edited movie-making by Henry Joost and Ariel Schulman, whose previous work I now realize I may have unfairly neglected. R. 113M. NETFLIX.

John J. Bennett (he/him) is a movie nerd who loves a good car chase.



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## NCJ NORTH COAST NIGHT LIGHTS

# Perseid Meteors 2020

## A comet's debris

By David Wilson

ncnightlights@northcoastjournal.com

Currently speeding out from the sun after its last visit to the solar system's inner reaches in 1992, Comet Swift-Tuttle leaves a trail of debris in its path. Comets are made of frozen gasses, dust and rock; as the sun's energy warms and sublimates the frozen gasses, some of its solids are blown off into space, leaving the trail of particles.

Every 133 years, Swift-Tuttle comes in from out beyond Pluto to swing by Earth's neighborhood on its path around the sun, laying down another swath of dust and small particles before heading back out again. Earth passes through its stream of cometary dust every year in early to mid August. As we pass through the trail of dust and small chunks, we collect them in our atmosphere like bugs on a windshield. The particles, or meteoroids, enter the atmosphere at incredibly high speeds (over 100,000 miles per hour) and burn up quickly due to friction with the air. The meteors we see in the sky are their paths burning through the sky.

Imagine Earth sliding along its orbit in space around the sun, a great marble of blue, white and brown traveling majestically, silently along a path it's known for billions of years. Riding atop this great globe, you look ahead and see coming up in your path a cloudy stream that reaches out and fades into the stars of eternity on either side. Earth is going to pass through the thick of it. This is Swift-Tuttle's dust trail.

At the outer fringes of the stream, stray bits begin impacting the atmosphere, burning up in flashes and streaks as their energy turns to heat and flame. Earth glides on into the densest part of the cometary particle path. More and more



"Self Portrait in Red, with Perseid Meteors on My Mind ..." In the hills of Humboldt County, just past midnight on Aug. 13.

David Wilson

flashes and streaks. Like water from a hose, the stream of particles strikes the earth's protective skin of gases. In stripes and streaks, the meteoroids stab into the Earth's thin layer of air, white hot needles straining to reach the ground.

Standing on the ground now, small and human, the meteors shoot across the sky overhead. Adding comet dust to Earth's mass, the shooting stars radiate in all directions from the point where the stream of cometary motes impacts the atmospheric shield above. For the Perseid meteors, this is a point in the northeast, not high above the horizon in the constellation Perseus.

The accompanying time-lapse sequence online shows a lot of activity in the sky but by far most of it is human-made, either satellites or airplanes. Here on California's rural North Coast, we see many more satellites than planes in the sky. Meteors are difficult to spot in the time lapse, as they appear only as brief flashes, short streaks that don't reach across the frame. Meteors tend to taper at the ends. Airplanes and satellites travel across the entire field of view. Satellites tend to be a uniform brightness — though that can vary as they revolve and their varied surfaces catch the sun's glare, and they will dim or brighten as they pass into or out of Earth's shadow — while airplanes appear as dashed lines due to their blinking lights.

To keep abreast of David Wilson's most current photography or purchase a print, visit or contact him at his website [www.mindscapefx.com](http://www.mindscapefx.com) or follow him on Instagram at @david\_wilson\_mfx and on Twitter @davidwilson\_mfx.



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**Freaked Out American**  
@WTFisHappening

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**THE PRESIDENT EXPLAINS.**

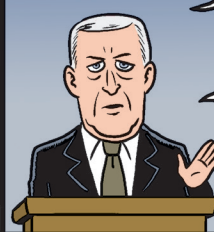
IT TURNS OUT PEOPLE USE TRAFFIC LIGHTS TO DRIVE PLACES TO VOTE. BAD!

NO "GREEN LIGHT" FOR FRAUD!

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**WHITE HOUSE OFFICIALS DENY FOUL PLAY.**

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THE FACT IS, THOSE STREETS WEREN'T PROFITABLE.

**JANUARY 2021: TRUMP REFUSES TO STEP DOWN, HAS ALL VOTING MACHINES DESTROYED.**

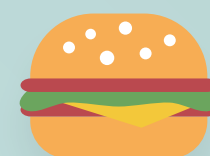
WITH THESE HORRIBLE THINGS GONE, THERE WILL BE ZERO FRAUD!



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# Free Will Astrology

## Week of Aug. 20, 2020

By Rob Breznsy  
freewillastrology@freewillastrology.com

**ARIES (March 21-April 19):** “We never know what is enough until we know what’s more than enough,” said Aries singer Billie Holiday. I don’t think that applies to everyone, although it’s more likely to be true about the Aries tribe than maybe any other sign of the zodiac. And I’m guessing that the coming weeks could be a time when you will indeed be vivid proof of its validity. That’s why I’m issuing a “Too Much of a Good Thing” alert for you. I don’t think it’ll be harmful to go a bit too far and get a little too much of the good things; it may even be wise and healthy to do so. But please don’t go waaayyyy too far and get waaayyyy too much of the good things.

**TAURUS (April 20-May 20):** Taurus author Honoré de Balzac (1799–1850) took many years to write *The Human Comedy*, an amalgam of 91 intertwined novels, stories, and essays. For this vast enterprise, he dreamed up the personalities of more than 2,000 characters, many of whom appeared in multiple volumes. I bring this to your attention, Taurus, because I believe that the next 15 months will be an excellent time for you to imagine and carry out a Balzac-like project of your own. Do you have an inkling of what that might be? Now’s a good time to start ruminating.

**GEMINI (May 21-June 20):** Not until the 19th century did humans begin to take organized actions to protect animals from cruelty. Even those were sparse. The latter part of the 20th century brought more concerted efforts to promote animal welfare, but the rise of factory farms, toxic slaughterhouses, zoos, circuses, and cosmetic testing has shunted us into a Dark Age of animal abuse. I suspect our descendants will look back with horror at our barbarism. This problem incurs psychological wounds in us all in ways that aren’t totally conscious. And I think this is an especially key issue for you right now. I beg you, for your own sake as well as for the animals’, to upgrade your practical love and compassion for animals. I bet you’ll find it inspires you to treat your own body with more reverence.

**CANCER (June 21-July 22):** Cancerian literary critic Harold Bloom bragged to *The New York Times* that his speed-reading skills were so advanced that he could finish a 500-page book in an hour. While I believe he has indeed devoured thousand of books, I also wonder if he lied about his quickness. Nonetheless, I’ll offer him up as an inspirational role model for you in the coming weeks. Why? Because you’re likely to be able to absorb and integrate far more new information and fresh experiences than usual—and at a rapid pace.

**LEO (July 23-Aug. 22):** “Magic lies in challenging what seems impossible,” says Leo politician Carol Moseley Braun. I agree with her, but will also suggest there’s an even higher magic: when you devise a detailed plan for achieving success by challenging the impossible, and then actually carry out that plan. Judging from the current astrological omens, I suspect you’re in an unusually favorable position to do just that in the coming weeks. Be bold in rising to the challenge; be practical and strategic in winning the challenge.

**VIRGO (Aug. 23-Sept. 22):** “Joy is a mystery because it can happen anywhere, anytime, even under the most unpromising circumstances,” writes author Frederick Buechner. What he doesn’t say is that you must be receptive and open to the possibility of joy arriving anywhere and anytime. If you’re shut down to its surprising influx, if you’re convinced that joy is out of reach, it won’t break through the barriers you’ve put up; it won’t be able to land in your midst. I think this is especially important counsel for you in the coming weeks, Virgo. PLEASE make yourself available for joy. P.S. Here’s another clue from Buechner: “Joy is where the whole being is pointed in one direction.”

**LIBRA (Sept. 23-Oct. 22):** “I transformed stillnesses and dark-

nesses into words,” wrote Libran poet Arthur Rimbaud. “What was unspeakable, I named. I made the whirling world pause.” In accordance with current astrological potentials, I have turned his thoughts into a message for you. In the coming weeks, I hope you will translate silences and mysteries into clear language. What is unfathomable and inaccessible, you will convert into understandings and revelations. Gently, without force or violence, you will help heal the inarticulate agitation around you with the power of your smooth, resonant tenderness.

**SCORPIO (Oct. 23-Nov. 21):** “Your desires, whether or not you achieve them, will determine who you become,” wrote author Octavia E. Butler. Now is a fertile time for you to meditate on that truth. So I dare you to take an inventory of all your major desires, from the noblest to the most trivial. Be honest. If one of your burning yearnings is to have 100,000 followers on Instagram or to eat chocolate-covered bacon that is served to you in bed, admit it. After you’re through tallying up the wonders you want most, the next step is to decide if they are essential to you becoming the person you truly want to be. If some aren’t, consider replacing them with desires that will be a better influence on you as you evolve.

**SAGITTARIUS (Nov. 22-Dec. 21):** If you can manage it, I recommend taking a break from business-as-usual. I’d love to see you give yourself the gift of amusement and play—a luxurious sabbatical that will help you feel free of every burden, excused from every duty, and exempt from every fixation. The spirit I hope you will embody is captured well in this passage from author Okakura Kakuzo: “Let us have a sip of tea. The afternoon glow is brightening the bamboos, the fountains are bubbling with delight, the souging of the pines is heard in our kettle. Let us dream of evanescence, and linger in the beautiful foolishness of things.”

**CAPRICORN (Dec. 22-Jan. 19):** Rapper Eminem advises us, “Never take ecstasy, beer, Bacardi, weed, Pepto-Bismol, Vivarin, Tums, Tagamet HB, Xanax, and Valium in the same day.” What’s his rationale? That quaffing this toxic mix might kill us or make us psychotic? No. He says you shouldn’t do that because “It makes it difficult to sleep at night.” I’m going to suggest that you abide by his counsel for yet another reason: According to my analysis, you have the potential to experience some wondrous and abundant natural highs in the coming weeks. Your capacity for beautiful perceptions, exhilarating thoughts, and breakthrough epiphanies will be at a peak. But none of that is likely to happen if you’re loaded up with inebriants.

**AQUARIUS (Jan. 20-Feb. 18):** “Everyone who has ever built a new heaven first found the power to do so in his own hell,” declared philosopher Friedrich Nietzsche. That’s a rather histrionic statement! But then Nietzsche was a Maestro of Melodrama. He was inclined to portray human life as a heroic struggle for boldness and liberation. He imagined us as being engaged in an epic quest to express our highest nature. In accordance with your astrological potentials, I propose that you regard Nietzsche as your power creature during the coming weeks. You have a mandate to adopt his lion-hearted perspective. And yes, you also have a poetic license to build a new heaven based on the lessons you learned and the power you gained in your own hell.

**PISCES (Feb. 19-March 20):** Here’s some knowledge from author John le Carré: “In every operation there is an above the line and a below the line. Above the line is what you do by the book. Below the line is how you do the job.” According to my analysis, you have, at least for now, done all you can in your work above the line. That’s great! It was crucial for you to follow the rules and honor tradition. But now it’s time for a shift in emphasis. In the coming weeks, I hope you will specialize in finessing the details and massaging the nuances below the line. ●

CROSSWORD by David Levinson Wilk

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58						59	60					61		
62						63						64		
65						66						67		

ADO

ANSWERS NEXT WEEK!

ACROSS

1. Physician with a daily talk show

5. Itinerant sort

10. Nada for Nadal

14. Prefix with nautical

15. Bakery fixtures

16. Environmentalist's subj.

17. \*Unspeakable situation?

19. Dock figure

20. Blue expanse

21. Third-northernmost national capital

22. Reduce by 50%

23. \*Magazine that put Linda Evangelista on its cover holding a Cohiba panatella

26. Final Four org.

29. It's unlikely

30. \*2013 disaster film that spawned many sequels

33. Rabbit relative

34. POTUS when

Sputnik was launched

37. "All will be well"

39. Wharton, e.g., informally

41. Oz. and kg.

42. "Modern Family" actor Stonestreet

44. \*1885 operetta set in Japan

45. Words before "the blues" or "the Mondays"

47. Charged particles

48. \*Setting for "Mork & Mindy"

53. Actresses Kendrick and Paquin

54. Coat of frost

55. Fly catcher

58. California's \_\_\_\_ Valley

59. What each of the starred clues are "without"

62. Fake IRS call, e.g.

63. Blue eyes or hairy

legs, e.g.

64. Where approximately 60% of people live

65. Urges

66. Tooth: Prefix

67. Fly catcher

DOWN

1. Stand taken by a speaker?

2. Philosopher

3. "Free Willy" creature

4. Workplace for some veterinarians

5. Declaration on a Chinese menu

6. Egglike

7. It's lit eight nights in a row

8. Singer DiFranco

9. Mil. decoration since 1918

10. Enduring aspect of a person's life

11. Orbicularis \_\_\_\_

(eyelid-closing muscle)

12. Swedish automaker

13. Titular host of NBC's "Game of Games"

18. Miss Piggy's coy question

22. Containing state-of-the-art gadgetry

23. Caleb who wrote "The Alienist"

24. Many a Meccan

25. "To begin with ..."

26. [Avoid watching this in front of the boss]

27. Jazzman Baker

28. Some batteries

31. Works, as dough

32. Language from which "reindeer" comes

34. "\_\_\_\_ arigato, Mr. Roboto"

35. "Whatcha \_\_\_\_?"

36. Fraternal order with an animal emblem

38. Level

40. One who's succeeding

43. Johnnie who said "If it doesn't fit, you must acquit"

45. Alleges

46. Go by walking

48. Deep, musically

49. Waiting in the wings

50. Emasculate

51. "Chicago Hope" Emmy-winner Christine

52. Underground find

55. "Now, where \_\_\_\_?"

56. Polish for publication

57. Dinghy or dory

59. 1-800-Flowers competitor

60. Suffix with script or text

61. Zodiac animal

LAST WEEK'S ANSWERS TO WEAK TEA

C	O	L	B	E	R	T		P	E	G		T	G	I
B	R	O	A	D	E	N		T	W	O	I	R	O	N
G	O	U	R	M	E	T		B	E	A	T	I	N	G
B	U	S	T					M	O	R	T	G	A	G
S	T	E	A	L				M	E	A		S	I	T
								B	A	R	I	S	T	A
P	I	P						B	O	S	H		B	A
A	P	U						E	G	O		G	U	V
C	A	S	T	L	E			N	A	Z	I		N	P
S	D	S	U					T	W	E	E	Z	E	D
								Y	D	S		I	S	L
R	I	C	O	C	H	E	T							
A	S	A	R	A	I	L						R	A	P
G	E	T	S	R	E	D						O	C	T
E	E	S						E	D	S		W	E	A

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HARD #19

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9	1			5				3	
									1
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8	4							2	5
			3				9		
2									
	3						4		5
			9		8	5			



PUBLIC NOTICE OF LIEN SALE

The individuals listed below are hereby given notice that the personal property stored at the following facilities will be sold to satisfy the lien on 8/29/2020 @ 10am at 482 Wildwood Ave, Rio Dell; 11am, at 1799 Smith Ln, Fortuna Unless the amount due is paid in full at:

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Fortuna, CA 95540

Non-Payment of Storage:  
482 Wildwood, Rio Dell  
#21 Robin Whipple  
#38 Jacob Beyer  
#47 Lonnita Baker  
1799 Smith, Fortuna  
#39 Jennifer Gali  
#58 Mark Juneau  
Dated 08/04/2020  
Sarah Albin (707)725-1094

8/13, 8/20 (20-205)

FICTITIOUS BUSINESS NAME STATEMENT 20-00337

The following person is doing Business as  
**RED DIAMOND TABLEWARE RENTALS**

Humboldt  
3360 Gross Street  
Eureka, CA 95503

**Pang Y Lo**  
**3360 Gross Street**  
**Eureka, CA 95503**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Pang Lo, Proprietor  
This July 8, 2020  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-191)

FICTITIOUS BUSINESS NAME STATEMENT 20-00366

The following person is doing Business as  
**KING SMOKE CANNABIS**

Humboldt  
2351 Westwood Ct. Apt H5  
Arcata, CA 95521

**Bryan A Brown**  
**2351 Westwood Ct. Apt H5**  
**Arcata, CA 95521**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable

I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Bryan Brown, Owner  
This July 22, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

8/13, 8/20, 8/27, 9/3 (20-204)

FICTITIOUS BUSINESS NAME STATEMENT 20-00360

The following person is doing Business as  
**THE SIREN SONG TAVERN**

Humboldt  
325 2nd St.  
Eureka, CA 95501

**John D Pegg**  
**1465 Murray Rd,**  
**McKinleyville, CA 95519**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s J.D. Pegg, Owner  
This July 21, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-197)

FICTITIOUS BUSINESS NAME STATEMENT 20-00338

The following person is doing Business as  
**HUMBOLDT HOME MAINTENANCE & CONSTRUCTION**

Humboldt  
483 Madison St  
Eureka, CA 95503

**Robert H Borck**  
**483 Madison St**  
**Eureka, CA 95503**

**Teresa J Borck**  
**483 Madison St**  
**Eureka, CA 95503**

The business is conducted by a Married Couple.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a

misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Robert H Borck, Owner  
This July 8, 2020  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-192)

FICTITIOUS BUSINESS NAME STATEMENT 20-00361

The following person is doing Business as  
**CKRENTS2U**

Humboldt  
2467 Eye St.  
Arcata, CA 95521

2488 Eye St.  
Arcata, CA 95521

**Craig Klapman**  
**2488 Eye St.**  
**Arcata, CA 95521**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on July 1, 2020  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Craig Klapman, Owner  
This July 21, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

8/13, 8/20, 8/27, 9/3 (20-200)

FICTITIOUS BUSINESS NAME STATEMENT 20-00349

The following person is doing Business as  
**DIAMOND NAIL STUDIO**

Humboldt  
2341 Fern Street Suite C  
Eureka, CA 95503

**Felicia S Watson**  
**847 P Street**  
**Eureka, CA 95501**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Felicia Simone Watson, Owner  
This July 13, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-193)

FICTITIOUS BUSINESS NAME STATEMENT 20-00368

The following person is doing Business as  
**BELLEVUE FARM/BELLEVUE FARM STAND**

Humboldt  
610 Bellevue Ave  
Rio Dell, CA 95562

3128 Summer St  
Eureka, CA 95503

**Andrew W Bonow**  
**3128 Summer St**  
**Eureka, CA 95503**

**Mary C Bonow**  
**3128 Summer St**  
**Eureka, CA 95503**

The business is conducted by a Married Couple.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Mary Clare Bonow, Wife  
This July 23, 2020  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

8/6, 8/13, 8/20, 8/27 (20-202)

FICTITIOUS BUSINESS NAME STATEMENT 20-00369

The following person is doing Business as  
**THE DONUT MILL**

Humboldt  
1411 4th Street  
Eureka, CA 95501

**Hong Chheng**  
**2287 Ohio Street**  
**Eureka, CA 95501**

**Chakriya Ros**  
**2287 Ohio Street**  
**Eureka, CA 95501**

The business is conducted by a Married Couple.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Chakriya Ros, Owner  
This July 27, 2020  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

8/20, 8/27, 9/3, 9/10 (20-213)

FICTITIOUS BUSINESS NAME STATEMENT 20-00370

The following person is doing Business as  
**REDWOOD COAST CANOE ADVENTURE**

Humboldt  
970 McDonald Creek Road  
Trinidad, CA 95570

PO Box 429  
Trinidad, CA 95570

**John Q Provolt**  
**950 McDonald Creek Road**  
**Trinidad, CA 95570**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s John Provolt, Owner  
This July 27, 2020  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

8/20, 8/27, 9/3, 9/10 (20-211)

FICTITIOUS BUSINESS NAME STATEMENT 20-00364

The following person is doing Business as  
**PROJECT GARDEN BOX LLC/HUMBLE DIRT**

Humboldt  
3107 Table Bluff Rd  
Loleta, CA 95551

**Project Garden Box LLC**  
**California 202009310670**  
**3107 Table Bluff Rd**  
**Loleta, CA 95551**

The business is conducted by a Limited Liability Company.  
The date registrant commenced to transact business under the fictitious business name or name listed above on July 1, 2020  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Sheila M. Richards, Manager  
This July 22, 2020  
KELLY E. SANDERS  
by tn, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-199)

FICTITIOUS BUSINESS NAME STATEMENT 20-00380

The following person is doing Business as  
**OPEN DOOR DOWNTOWN**

Humboldt  
622 H Street  
Eureka, CA 95501

670 9th Street Suite 203  
Arcata, CA 95521

**Open Door Community Health Centers**  
**CA 0615813**  
**670 9th Street Suite 203**  
**Arcata, CA 95521**

The business is conducted by a Corporation.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Tory Starr, CEO  
This June 28, 2020  
KELLY E. SANDERS  
by tn, Humboldt County Clerk

8/6, 8/13, 8/20, 8/27 (20-167)

FICTITIOUS BUSINESS NAME STATEMENT 20-00354

The following person is doing Business as  
**NEW GROWTH PSYCHOLOGY**

Humboldt  
350 E Street, Ste 209  
Eureka, CA 95501

PO Box 1098  
Eureka, CA 95502

**Jessica A Lara**  
**2344 J Street**  
**Eureka, CA 95501**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on January 27, 2020  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Jessica A Lara, Owner  
This July 14, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

8/13, 8/20, 8/27, 9/3 (20-203)

FICTITIOUS BUSINESS NAME STATEMENT 20-00365

The following person is doing Business as  
**HONEY BEE HUMBOLDT**

Humboldt  
2351 Westwood Ct Apt H5  
Arcata, CA 95521



LEGAL NOTICES

PO Box 296  
Arcata, CA 95518

**Samantha R Lyles**  
**2351 Westwood Ct Apt H5**  
**Arcata, CA 95521**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on April 26, 2019  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Samantha Lyles, Owner/Creator  
This July 22, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-196)

**FICTITIOUS BUSINESS NAME  
STATEMENT 20-00367**

The following person is doing Business as  
**FUNGAIA FARM**

Humboldt  
3097 Pigeon Point Road  
Eureka, CA 95503

**Levon Durr**  
**3097 Pigeon Point Road**  
**Eureka, CA 95503**

The business is conducted by an Individual.  
The date registrant commenced to

transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Levon Durr, Owner  
This July 21, 2020  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

8/13, 8/20, 8/27, 9/3 (20-206)

**FICTITIOUS BUSINESS NAME  
STATEMENT 20-00393**

The following person is doing Business as  
**GREEN HAWK CONSULTING**

Humboldt  
3791 Red Rock Rd  
Garberville, CA 95542

PO Box 2236  
Redway, CA 95560

**Kristina Babauta**  
**3791 Red Rock Rd**  
**Garberville, CA 95542**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to

Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Kristina Babauta, Owner  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

8/13, 8/20, 8/27, 9/3 (20-210)

**FICTITIOUS BUSINESS NAME  
STATEMENT 20-00371**

The following person is doing Business as  
**KALEIDOSCOPE SYNERGY**

Humboldt  
654 Hiller Rd  
McKinleyville, CA 95519

**Patricia A Morey**  
**654 Hiller Rd**  
**McKinleyville, CA 95519**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s John Provolt, Owner  
This July 27, 2020  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

8/20, 8/27, 9/3, 9/10 (20-212)

**FICTITIOUS BUSINESS NAME  
STATEMENT 20-00384**

The following person is doing Business as  
**MOTHER NECESSITY**

Humboldt  
401 ½ Orange Dr.  
Arcata, CA 95521

**Kala M Griffith**  
**401 ½ Orange Dr.**  
**Arcata, CA 95521**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Kala Griffith, Business Owner  
This July 31, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

8/13, 8/20, 8/27, 9/3 (20-207)

**FICTITIOUS BUSINESS NAME  
STATEMENT 20-00385**

The following person is doing Business as  
**HOW'S IT HANGING PICTURE FRAMING**

Humboldt  
758 14th Street  
Fortuna, CA 95540

**Dawn R McCombs**  
**758 14th Street**  
**Fortuna, CA 95540**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Dawn McCombs, Sole Proprietor  
This August 3, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

8/13, 8/20, 8/27, 9/3 (20-208)

**FICTITIOUS BUSINESS NAME  
STATEMENT 20-00409**

The following person is doing Business as  
**HUMBOLDT PRO TILING**

Humboldt  
425 Grotzman Lane  
Arcata, CA 95521

**Philip J Cuddihy**  
**425 Grotzman Lane**  
**Arcata, CA 95521**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s P.J. Cuddihy, Owner  
This August 16, 2020  
KELLY E. SANDERS  
by tn, Humboldt County Clerk

8/20, 8/27, 9/3, 9/10 (20-214)

**LEGALS?**

County Public Notices

Fictitious Business

Petition to  
Administer Estate

Trustee Sale

Other Public Notices

**442-1400 x314**

EMPLOYMENT

Opportunities

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The Hoopa Valley Tribe is accepting applications to fill the following vacant position:

**SERGEANT**

Hoopa Tribal Police Department,  
Regular, F/T, Salary: \$32.50/hr.

Under general supervision of the Chief of Police or his authorized designee shall perform a wide variety of peace officer duties involving the protection of life and property; enforcement of applicable laws and ordinances of the Hoopa Valley Tribe, as authorized. Duties shall include planning, directing, supervising, assigning, reviewing, and participating in the work of the Police Department staff involved in traffic and field patrol; such as investigations, crime prevention, community relations, and related services and activities.

**Minimum Qualifications:** Must have High School Diploma or GED; three (3) years of related experience and/or training. Must possess a valid P.O.S.T Law Enforcement Academy Certificate. Must possess a P.O.S.T. Intermediate Certification or completion of a P.O.S.T Supervisory Course; OR able to obtain within 1 year of hire. Must pass a full law enforcement background investigation in compliance with P.O.S.T. Standards; 25 C.F.R. 12 Indian Country Law Enforcement, 18 U.S.C. 922, Gun Control Act, Executive Order 12968, Adjudicative Guideline, Public Law 101-630; Indian Child Protection and Family Violence Prevention Act, 25 C.F.R. 63 – Implementation of Public Law 101-630, Crime Control Act – Subchapter V-Child Care Worker, Employee Background Checks; Public Law 101-647, which shall include a criminal history check, including fingerprints. Must possess valid CPR/First Aid Certificates. Must possess a Valid CA Driver's License and insurable. This position is classified as safety-sensitive.

**DEADLINE: AUGUST 21, 2020**

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.

*Obituary  
Information*

Obituary may be submitted via email (classifieds@northcoastjournal.com) or in person. Please submit photos in jpeg or pdf format. Photos can be scanned at our office.

The North Coast Journal prints each Thursday, 52 times a year. Deadline for the weekly edition is at 5 p.m., on the Sunday prior to publication date.

**NCJ**  
NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART

**310 F STREET, EUREKA, CA 95501**  
**(707) 442-1400 • FAX (707) 442-1401**



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## Humboldt Farms

*Humboldt Farms is California's leading and trusted source for quality cannabis.*

### Operations Manager

We are committed to nurturing the body and soul and inspiring the mind by providing the world's best sun-grown flowers and highest quality Cannabis products from the wild and beautiful, Humboldt County, California.

At Humboldt Farms, we believe in the principle of CHOOSING KINDLY – for ourselves, our communities and our shared Earth. We aim to restore the health of the planet, to deepen the connection between us and the natural world, to cultivate meaningful relationships and to expand the human experience.

### JOB SUMMARY

Implement the Company vision, values, and directives to meet the current processing and distribution goals. A commitment to fostering team unity and growth, maintaining fiscal controls, as well as long term planning for development and expansion. Strong cultural fit and passion for our values and principles is most important as this position will serve in a highly visible leadership role and will work closely with COO, CEO, and other executives.

Support the COO and act as deputy and delegate as required. Direct the day-to-day operations of the facility. This includes the departments of Processing, Procurement, Fulfillment, Inventory, Compliance and Track-and-Trace. Ensure accountability for departmental budgets and will work closely with the CFO. Expected to exercise a high level of diplomacy when dealing with sensitive topics. Expected to be able to come onboard and assess the current structure and provide solutions to improve efficiency.

Please send your cover letter, resume and 3-5 professional references to [careers@humfarms.com](mailto:careers@humfarms.com) **Salary: DOE**



## GOHumCo seeks community participation in two working groups for local economic development and pandemic recovery

The Humboldt County Administrative Office's Economic Development Team (GOHumCo) is seeking volunteers to serve on two newly created working groups that will be vital to local economic development and pandemic recovery. If you are interested or know someone who would be a good fit for these working groups, more information and links to apply are below.

"In our search for applicants for these two working groups we are seeking a diversity of individuals, thoughts, voices and ideas," said Economic Development Director Scott Adair. "We also encourage individuals who have not been previously engaged in these initiatives, especially those in the private sector, to apply for these two working groups and become engaged in discussions that will help shape economic policy in our county."

The working groups are as outlined below:

### Comprehensive Economic Development Strategy (CEDS) Ad-Hoc Working Group

A Comprehensive Economic Development Strategy, or CEDS, is a plan that helps guide local economic development efforts and is required to be eligible for certain federal grants. Goals in writing a CEDS include deciding on and prioritizing economic development initiatives and helping to plan for a vibrant and resilient economy. While Humboldt County produces a new CEDS every 5 years, the county released its most recent CEDS in 2018 and COVID-19 is expected to alter the current economic strategy. As such, modifications and revisions need to be made to the most recent CEDS, which will be based on input from the CEDS Ad-Hoc Working Group.

The CEDS Ad-Hoc Working Group will consist of one representative from each of the following industry sectors:

- Diversified Health Care
- Specialty Food, Flowers and Beverages
- Building and Systems Construction
- Management Innovation Services
- Niche Manufacturing
- Investment Support Services
- Forest Products
- Tourism
- Alternative Agriculture
- Arts & Culture

### Apply to join the CEDS Working Group

If you are interested in joining the CEDS Working Group please download the application on our website and submit via email to [gohumco@co.humboldt.ca.us](mailto:gohumco@co.humboldt.ca.us).

### Prosperity Network Working Group

Led and financially supported by the county, the Prosperity Network is comprised of regional economic development practitioners. This group meets monthly for networking and receives presentations from experts in the fields of marketing, economic development, workforce development, planning, and community development. The purpose of the network is to foster community and economic development to improve the quality of life for Humboldt County, its residents and its communities. The network acts as a platform for collaboration for those who are interested in economic development. The Prosperity Network Working Group will meet quarterly and will be tasked with steering the Prosperity Network through pandemic recovery resources and developing the framework and scheduling for the network members.

### Apply to join the Prosperity Network Working Group

If you are interested in joining the Prosperity Network Working Group please download and fill out the application on our website and submit via email to [gohumco@co.humboldt.ca.us](mailto:gohumco@co.humboldt.ca.us). For questions about these two work groups email our team at [gohumco@co.humboldt.ca.us](mailto:gohumco@co.humboldt.ca.us)



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**You will receive bonus at end of season.**

**APPLY NOW!!!**

Email us at [HR@tsvg.com](mailto:HR@tsvg.com), or In Person at 3160 Upper Bay Road. ARCATA CA 95521

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Redwood Community Action Agency is hiring for the following positions:

**AFACR AmeriCorps Program Coordinator**

Full Time \$18.00 - \$19.00/hr plus full benefits

**Family Support Specialists FT-PT \$14/hr**

**Case Worker for Families Program FT \$16/hr**

**NRS Restoration Field Crew FT-PT \$14/hr**

**NRS Restoration Field Crew Supervisor FT \$18-22**

**Energy Services Weatherization Field Crew FT \$16/hr**

**Energy Services Intake Specialists FT \$14/hr**

Go to **WWW.RCAA.ORG** for a complete job description & req'd application.





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(707) 444-8293

[www.changingtidesfs.org](http://www.changingtidesfs.org)

Hablamos español

@changingtidesfamilyservices



## Northcoast Children's Services

### \*\*Annual JOB POOL\*\*

NCS anticipates a number of Head Start, Early Head Start & State Program job openings for our 2020 program yr. Potential positions are throughout Humboldt County & may be yr. round or school-yr.

**ANTICIPATED START DATE: LATE AUGUST/EARLY SEPTEMBER**

**CENTER DIRECTOR • FAMILY WORKER**

**HOME VISITOR • TEAM TEACHER**

**TEACHER • ASSOCIATE TEACHER**

**CLASSROOM ASSISTANT • COOK**

**ASSISTANT COOK • NUTRITION AIDE**

**SPECIAL AIDE • ASSISTANT TEACHER**

**SPECIAL AIDE/INTERPRETER (Spanish)**

**COMBO ASSOCIATE TEACHER**

**HOUSEKEEPER • SUBSTITUTES**

Submit applications to:

**Northcoast Children's Services**

1266 9th Street, Arcata, CA 95521

For addtl info & application please call

707- 822-7206 or visit our website at

[www.ncsheadstart.org](http://www.ncsheadstart.org)



**MINDFULNESS TIP - FEEL YOUR MIND WANDERING? ALLOW IT TO DO SO, AND GIVE YOURSELF A MOMENT. WHAT ARE YOU THINKING ABOUT, AND WHY? TAKE NOTE FOR LATER REFLECTION. TELL YOURSELF IT IS OK FOR YOUR MIND TO WANDER. THEN BRING YOURSELF BACK TO THE PRESENT, TO THE TASK AT HAND.** Come join our team as a Part-Time or On-Call case manager, recovery coach, nurse, cook, or housekeeper. AM/PM/ NOC shifts. Incredible opportunities to get psych training and experience, as well as get your foot into our 20-facility California wide organization. FT&PT (& benefits) available with experience.

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## Humboldt Farms

*Humboldt Farms is California's leading and trusted source for quality cannabis.*

### Processing Technician

We are committed to nurturing the body and soul and inspiring the mind by providing the world's best sun-grown flowers and highest quality Cannabis products from the wild and beautiful, Humboldt County, California.

At Humboldt Farms, we believe in the principle of **CHOOSING KINDLY** – for ourselves, our communities and our shared Earth. We aim to restore the health of the planet, to deepen the connection between us and the natural world, to cultivate meaningful relationships and to expand the human experience.

Demonstrates proficiency, organization, calmness, and attention to detail in a fast-paced environment; is resourceful and able to work both independently and with a team and prioritizes quality and customer service. Trimmers are primarily responsible for manicuring our flower to a retail ready finished product.

#### KEY RESPONSIBILITIES:

- Efficiently trims at least a pound in an 8 hour period
- Responsible for accurately weighing and recording all finished material
- Responsible for maintaining the organization & cleanliness of the warehouse while performing trimmings
- Identify and remove contaminants in material
- Responsible for maintaining quality product
- Operate with integrity and honesty
- Communicate known issues to the management team to ensure a smooth flow of operations within the company
- Responsible for ensuring the cleanliness of all staging areas
- May be assigned other job duties as necessary

Full & Part Time positions available, Hourly Wage: earn up to \$13-\$25 per hour, benefits for full time employees.

Please send your resume to [careers@humfarms.com](mailto:careers@humfarms.com)



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FOR A LIST OF CURRENT JOB OPENINGS AND DESCRIPTIONS

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CITY OF ARCATA

## WATER/ WASTEWATER PLANT OPERATOR I/II

I - \$ 41,964 to \$ 52,282/yr.

II - \$ 44,110 to \$ 54,957/yr.

**Filing Deadline: 4 p.m. Monday, Aug. 31, 2020.**

Become part of the future in the Water and Wastewater Industry by joining our contemporary agency meeting the needs of a thriving community. Operate and maintain Arcata's Wastewater Treatment Plant and Disposal system and the City's Water Distribution system. Entry-level or journey level applicants are welcome to apply for one current vacancy to be filled by one of the levels.

Please refer to the job description located at [www.cityofarcata.org](http://www.cityofarcata.org) for certifications required to apply for each level of the position.

Qualification requirements and application materials are also available on our jobs page or at Arcata City Manager's Office Lobby 736 F Street, Arcata; or by calling (707) 822-5953. EOE.

## Hiring?



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## EMPLOYMENT



The Hoopa Valley Tribe is accepting applications to fill the following vacant position:

### POLICE OFFICER

Hoopa Tribal Police Department,  
Regular, F/T, Salary: \$25.63/hr.

Performs a wide variety of peace officer duties involving the protection of life and property, enforcement of laws and Tribal Ordinances, criminal investigation, crime prevention and suppression, case preparation and testimony, and providing information and assistance to the public.

**Minimum Requirements:** Must possess a High School Diploma or GED. Must possess a Basic Academy Certificate from a California P.O.S.T. approved academy. Must possess and maintain firearms qualifications. Must have a Valid CA Driver's License and be insurable. Must successfully pass a Title 30A Employment Background and a California Police Officer Standards and Training (P.O.S.T.) background check.

**DEADLINE: AUGUST 21, 2020**

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.

## MARKETPLACE

### ESSENTIAL CAREGIVERS

Needed to help Elderly  
Visiting Angels  
707-442-8001



### NOW HIRING!

Are you passionate about making a difference in your community? Are you tired of mundane cubicle jobs and want to join a friendly, devoted community with limitless potential?

**Join the Humboldt County Education Community.**

Many diverse positions to choose from with great benefits, retirement packages, and solid pay. Learn more and apply today at [hcoe.org/employment](http://hcoe.org/employment)

*Find what you're looking for in education!*

### Miscellaneous

**AUTO INSURANCE STARTING AT \$49/ MONTH!** Call for your fee rate comparison to see how much you can save! Call: 855-569-1909. (AAN CAN)



**ALL KNIVES & WATCHES 1/2 OFF** Dream Quest Thrift Store, where your shopping dollars help local youth realize their dreams. August 20-26 Plus-Senior Discount Tuesdays & Spin'n'Win Wednesdays! (530) 629-3006.

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**HEARING AIDS!!** Buy one/get one FREE! High-quality rechargeable Nano hearing aids priced 90% less than competitors. Nearly invisible! 45-day money back guarantee! 1-833-585-1117 (AAN CAN)

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5 pers. \$37,750; 6 pers. \$40,550;  
7 pers. \$43,350; 8 pers. \$46,150

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Apply at Office:  
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8am-12pm & 1-4pm, M-F  
(707) 822-4104



## LANDMARK REAL ESTATE

[www.landmarkhumboldt.com](http://www.landmarkhumboldt.com)

**\$530,000**

**311 Ocean Ave, Ferndale**

**Vintage Ferndale Home** Many upgrades, covered front porch, spacious entry hall, dining area, 3 bed, 1 1/2 bath, remodeled bathroom, approx 1500 sq. ft., upstairs bonus rooms, back deck, detached 2 car garage, garden shed, pergola, oversized corner lot, bordered by Francis Creek  
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**Call Jessica Stretch at Landmark Real Estate 786-9300 for more information.**

## FEATURED LISTING



LIC#01857152

## MARKETPLACE

**MOVING SALE** Huge moving sale! Furniture, household items, tools, household furnishings, dishes, collectibles, 3 older bikes, and more! 141 Ole Hanson Rd, Eureka Aug 22 & 23 10a-6p.



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**50% off** weekly colors or styles outside!  
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**BOY SCOUT COMPENSATION FUND** - Anyone that was inappropriately touched by a Scout leader deserves justice and financial compensation! Victims may be eligible for a significant cash settlement. Time to file is limited. Call Now! 844-896-8216 (AAN CAN)

**SERIOUSLY INJURED IN AN AUTO ACCIDENT?** Let us fight for you! Our network has recovered millions for clients! Call today for a FREE consultation! 1-866-991-2581 (AAN CAN)

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REDUCED PRICE!

**WILLOW CREEK – HOME ON ACREAGE - \$324,900**  
±.45 Acres with 3/2 home in sunny Willow Creek! Property features redwood decks, on-demand water, and detached garage with guest room!

## MAD RIVER – LAND/PROPERTY - \$329,000

±55 Acres in Humboldt near the County line. Property features a small cabin, barn, year round spring, meadows, and oak woodlands. Elevation at approximately 4,000'.



**REDWOOD VALLEY – LAND/PROPERTY - \$250,000**  
+/-39 Acres with good access, buildable flats, 3 acre conversion, lots of water, harvestable timber, firewood, wildlife, and views galore.

## ALDERPOINT – LAND/PROPERTY - \$395,000

±70 Flat acres w/ .5 mile of Eel River frontage featuring cabin, outbuildings, power, meadows, and views!



**WILLOW CREEK – LAND/PROPERTY - \$550,000**  
±160 Acres on 2 parcels w/ meadows, springs, views, merchantable timber.

## ARCATA – COMMERCIAL INVESTMENT - \$599,000

Commercial building on a high visibility corner just blocks from the Arcata Plaza! Two buildings, 10 dedicated parking spaces, and tenants are in place.



## BIG BAR – HOME ON ACREAGE - \$269,000

Bright and sunny 2/2 home on ±1.5 acres with a large metal building, additional workshop, and nice covered deck to enjoy the beautiful mountain views.

## BURNT RANCH – LAND/PROPERTY - \$299,000

±40 Acres of eastern facing property, partially developed featuring woodlands with mixed timber, meadows, a spring, and deeded access. Elevation is at 2800 feet.



## WEAVERVILLE – LAND/PROPERTY - \$109,000

±40 Acres close to Weaverville with beautiful views just waiting for you! Property features power close by and buildable flats.



## RIO DELL – LAND/PROPERTY - \$379,000

±14 Acres in Rio Dell! Spring, flat tillable land, and subdivision potential. City lot across the street included in sale. Adjacent parcels also listed for sale.

## WILLOW CREEK – HOME ON ACREAGE - \$1,150,000

Stunning ±4.5 acre river front property just minutes from Downtown Willow Creek! Parcel features a grand main 2/3 home, secondary 2/1 home, pool, outdoor kitchen, outbuildings, orchard, and trail to the river!



## BERRY SUMMIT – LAND/PROPERTY - \$350,000

±160 Acres of secluded, heavily wooded property featuring multiple outbuildings, and Cedar Creek on site.

## WEITCHPEC – LAND/PROPERTY - \$249,000

±108 Acres with deeded access to the Klamath River w/ spring water open meadows, & south facing slopes. Elevation approx 1,500-2,500 feet.



BACK ON THE MARKET



## WILLOW CREEK – LAND/PROPERTY - \$49,900

±0.247 Acre lot available in Big Foot Subdivision in sunny Willow Creek! Has community water, sewer, and power at the property line.

## BIG BAR – LAND/PROPERTY - \$60,000

±1.2 Acre parcel in Big Bar waiting for your dream home! With septic and power already in place, this parcel is ready to build.



## WEITCHPEC – LAND/PROPERTY - \$360,000

±200 Acres w/ water, flats, good roads, cabin, shop. 250,000 BF merchantable timber.

## FORTUNA – LAND/PROPERTY - \$999,000

±24 Acres overlooking the Eel River with development/subdivision potential! Property has public utility access and owner may carry.



## 476 SUNSET LANE, WILLOW CREEK - \$210,000

Charming 2+ bed/2 bath mfg home in the Bigfoot Subdivision in Willow Creek! Features a mud/laundry room area, large step-in pantry, and beautiful views!

humboldtlandman.com





# THANK YOU FOR VOTING US **BEST DISPENSARY AND CURBSIDE PICK UP** UNDER SHELTER IN PLACE.

We at **THE HUMBOLDT COUNTY COLLECTIVE** are thankful and appreciative to the community for recognizing and rewarding us for our hard work of sanitization and utilization of curbside service during the Covid pandemic. It is our mission to provide affordable local and statewide cannabis products at great prices so that anyone can purchase what they want and need.

For the past **10** years, we have been awarded numerous Best Of titles from The North Coast Journal and our community, and we will strive to continue being one of the best Humboldt has to offer.

Thank you for the recognition and the support for the last 10 years and during this pandemic.

**HERE'S TO THE NEXT 10 YEARS.**

Let's keep adapting and improving together!

## THANK YOU!



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